

An aerial photograph of a river scene. In the upper left, two riders on brown horses are crossing the river. The rider in front is wearing a blue shirt and a cap, while the second rider is in a white shirt. The water is dark blue, and the surrounding banks are covered in lush green grass and reeds. In the lower left, a wooden bridge with railings crosses the river. The overall scene is peaceful and scenic.

Maso time

A guidebook to Masovia

Publisher _____

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www.mrot.pl

www.mazowsze.travel

www.dziedzictwomazowsza.pl

www.modanamazowsze.pl

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WELCOME TO MASOVIA!

The biggest of the Polish voivodeships is a region of incredible attractiveness for tourists. Here you can find centuries-old monuments, scenic landscapes and colourful folklore. It is in Masovia where the longest cobbled market square in Europe, the oldest school in Poland, a fortress compared to the French city of Verdun and the biggest Art Nouveau art collection in Poland are located. It doesn't lack valuable natural assets either, with the Kampinos National Park, included on the UNESCO list, being the most spectacular among them all. Tourists are also attracted by woody landscapes of its primeval virgin forests as well as rivers and lakes that are just perfect for water adventures. The culinary specialities of Masovia are recommended to the lovers of good cuisine. Many attractions are located by main tourist trails, some of them thematic, like The Trail of the Dukes of Masovia, The Trail of the Battle of Warsaw, The Chopin Trail, The Treasury of Masovia, In the Circle of the Jewish Heritage or Film Masovia. It is a perfect way to get to know the region and spend your holiday actively at the same time if you follow them. We hand you a guidebook to our region, which – as we believe – will be an inspiration for you, a recommendation, and an incentive to travel around Masovia.

WE INVITE YOU TO READ IT AND WISH YOU WONDERFUL JOURNEYS!

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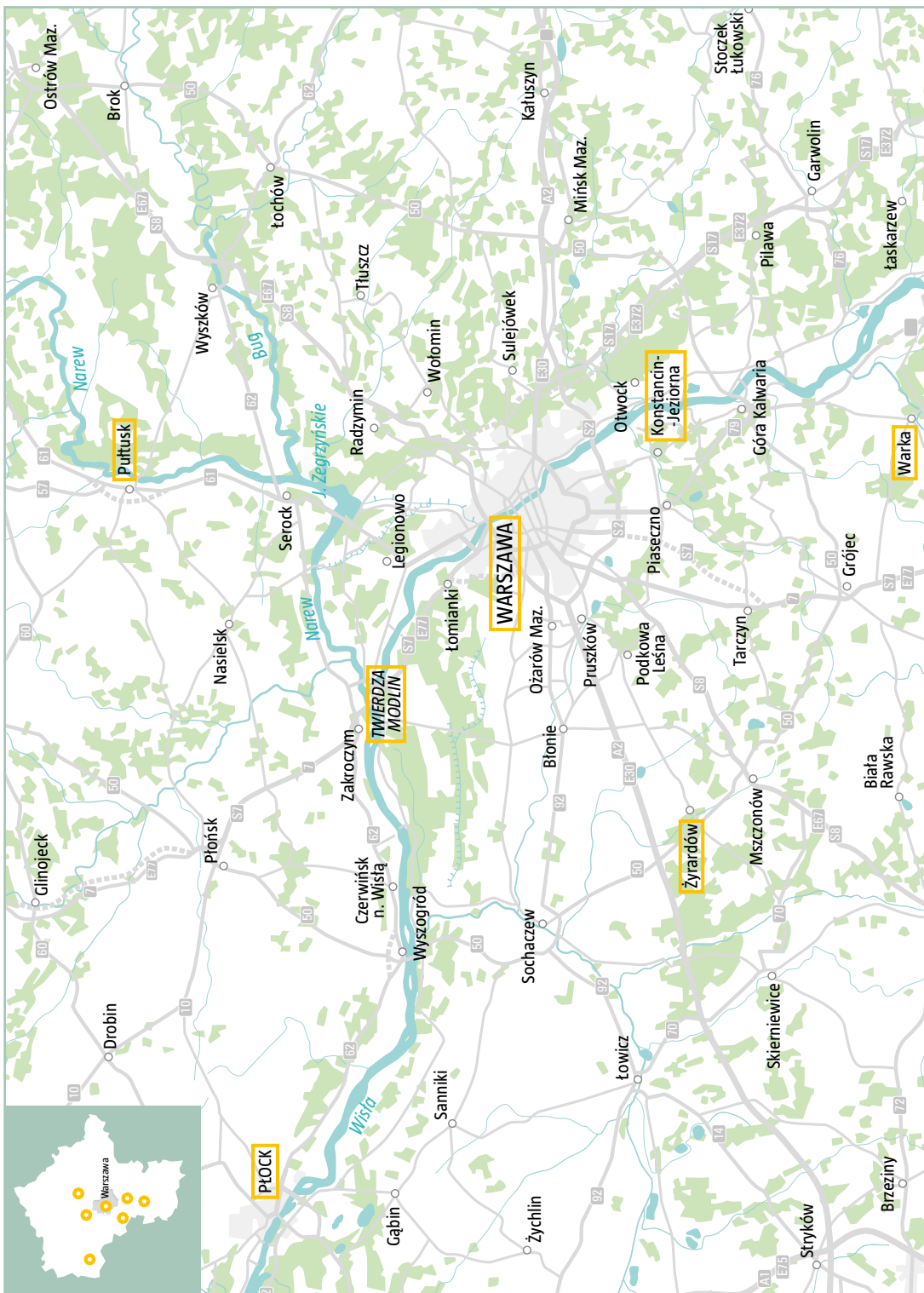
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MASOVIA IN 1 DAY

Suggestions of places perfect for
1-day trips





MASOVIA IN 1 DAY



Warsaw, Old Town



Warsaw, the Museum of the History of Polish Jews
POLIN



Warsaw, Copernicus Science Centre

Tourist Information

Warsaw Tourist Information

www.warsawtour.pl/wit

- o Palace of Culture and Science,
pl. Defilad 1, 00-910 Warszawa
phone: +48 503 033 720, warsawtour.pl
- o Praga Koneser Center,
plac Konesera 2, 03-736 Warszawa
phone: +48 503 033 720, warsawtour.pl

Warsaw Tourist Centre - MUFA Agency

Plac Zamkowy 1/13, 00-267 Warszawa
phone +48 48 22 635 18 81
www.wcit.waw.pl

TRIP NO. 1 – WARSAW

The capital of Poland and Masovia, a business and cultural centre, a place with a fascinating history, as the only one in the world, Warsaw boasts a completely reconstructed historic complex of the old town entered on the UNESCO list. A modern metropolis where the spirit of the past harmonizes perfectly with contemporary architecture and art, a city of countless possibilities, full of colours, flavours and events.

From among hundreds of Warsaw's monuments and attractions, it is difficult to choose the most important ones, but undoubtedly you cannot miss:

- **Old Town** - the newest Old Town in the world, with the Old Town Square, Barbican, Cathedral, Museum of Warsaw and, of course, the Royal Castle
- **Palace of Culture and Science** - the highest building of the Capital City, on the 30th floor of which there is an observation deck with a beautiful panorama of Warsaw
- **The Royal Route with royal residences** - the Royal Castle, the Łazienki Królewskie Park and the Wilanów Palace
- **Warsaw's Praga district** - the most authentic part of the city that survived the World War II, and today is being reborn as a place full of colour, unique atmosphere and pre-war architecture
- **Numerous museums** - the POLIN Museum of the History of Polish Jews, the Warsaw Uprising Museum, the National Museum, the Independence Museum, the Museum of Sport and Tourism and the State Archaeological Museum
- **The Gallery of the Masovia Institute of Culture** - Foksal, Test, XX1 and Elektor
- **The murals of Warsaw** - scattered in various parts of the city, created over the years by artists from all over the world

TRIP NO. 2 – MODLIN FORTRESS

The gigantic Modlin Fortress is one of the best-preserved fortification systems in Europe, which can be compared only to the French city of Verdun. Its unique character is also determined by its scenic location in the surrounding of forest and at the confluence of three rivers: the Vistula, the Narew and the Wkra.

- The whole development is constituted by over 30 constructions, many of which are available for visiting.
- **The citadel of the Fortress** is the longest free-standing building in Europe and the second longest in the world, at its impressive length of 2.2 km.

It is best to visit the Fortress with a local guide. Also, night-time is widely popular among tourists.



Modlin Fortress

Tourist Information Centre: Local Tourist Organization of the Three Rivers
ul. Bałki Murmańskiej 164
05-160 Nowy Dwór Mazowiecki
phone +48 664 775 321, +48 664 775 326
www.twierdzamodlin.pl
www.twierdzamodlin.info

TRIP NO. 3 – PŁOCK

Płock – the historic capital of Masovia, which at the turn of the 11th and 12th centuries used to be the actual capital of Poland and had obtained its municipal rights earlier than Cracow, Poznań and Wrocław – is one of the most interesting towns on the tourist map of Masovia. It's best to start exploring the town from a visit in the Tourist Information Centre in the Old Market Square, where you can equip yourself with interesting materials and get help in planning your trip. Main attractions:

- **Tumskie Hill** with the Co-Cathedral Basilica of the Assumption of the BVM and the Diocese Museum in the buildings of the former Castle of the Dukes of Masovia,
- **The Old Market Square** with 18th- and 19th-century tenement houses, Town Hall and Sanctuary of the Divine Mercy created in place of the first revelation of Jesus the Merciful to Saint Sister Faustina Kowalska,
- **The Masovian Museum** with the largest exhibition dedicated to Art Nouveau and an impressive art deco collection.
- **The Temple of Mercy and Love**, erected in the English Gothic style, which is rarely seen in Poland,
- **„Małachowianka”** – the oldest school in Poland,
- **Płock ZOO**, which is best reached with the use of Ciuchcia Tumskiego (the Tum Choo-Choo),
- **„Sobótka”** Water Reservoir.



Płock, the Masovian Museum



Płock, ZOO

Tourist Information
Stary Rynek 8, 09-400 Płock
phone +48 24 367 19 44
www.turystykaplock.eu



Żyrardów, Resursa



Żyrardów, the Museum of the Western Masovia

Tourist and Cultural Information Centre

ul. 1 Maja 45, 96-300 Żyrardów
phone +48 46 854 28 28
www.zyrardow.pl



Pułtusk, castle

Tourist Information Point in Pułtusk at the Regional Museum

ul. Rynek 43, 06-100 Pułtusk
phone +48 23 692 51 32
www.pultusk.pl

TRIP NO. 4 – ŻYRARDÓW

Named in honour of Philippe de Girard, the first technical director of the spinning plant as well as the inventor of the spinning frame and water turbine, Żyrardów is the industrial pearl of Masovia. Its distinguishing feature is the only in Europe, almost entirely preserved, complex of industrial town factory, residential and public buildings from the turn of the 19th and 20th centuries. It would be best to begin your walk around the red-brick town with a visit to **Resursa**, it is mostly due to the fact that tourist information centre is situated there. Here you can equip yourself with a map of the town's tourist trail, which will allow you to discover the beauty and the extraordinary atmosphere of the place, which is currently experiencing its renaissance. The historic industrial constructions are bustling again, performing such functions as: museums (be sure to visit the **Linen Industry Museum located** in one of the former factory halls), hotels, catering facilities, residential and commercial buildings, while the old walls, thanks to the carefully executed revitalisation, please the eye with their appearance. The **Karol Dittrich Park**, arranged in the English style, is a perfect place for strolls. In the summer, the **Żyrardów Water Reservoir** is a great place for spending holidays.

TRIP NO. 5 – PUŁTUSK

A visit in a **15th-century castle** and a walk along the adjoining **longest cobbled market square in Europe**, water bike, boat, kayak or gondola ride on the Narew River and canals that are connected with it and surround the oldest parts of the town are the main attractions of Pułtusk. People call it „**the Venice of Masovia**”, and with no doubt its charm cannot be denied. It is guaranteed by the centuries-old monuments and the picturesque river together with the canal system. Other places worth seeing in Pułtusk:

- **Collegiate Church under the Invocation of the Annunciation of the BVM** with its famous Pułtusk vaulting,
- **Regional Museum** located in the Gothic-Renaissance tower of the former Town Hall and the tenement house at 36 Rynek Street, in which you can see the exposition entitled „**Napoleon in Pułtusk**”,
- 16th- and 17th-century churches: under the Invocation of the **Holy Cross** and of **Sts. Peter and Paul**.

TRIP NO. 6 – KONSTANCIN-JEZIORNA

The only health spa in the Masovian Voivodeship, whose history dates as far back as to the late 19th century. Konstancin-Jeziorna is situated on the outskirts of Warsaw, surrounded by a few nature-preserves and the Chojnowski Landscape Park. Its greatest attraction is the **Spring Park with its brine graduation tower** that sprays into the air brine tapped at the depth of over 1.5 km and with its numerous cafés and restaurants. The monuments that are worth seeing include the surrounding **pre-War villas and palaces**. Many of them remain in private hands, but some open their doors to tourists, like the **Świt Villa** that houses the Stefan Żeromski Memorial House and the **La Fleur Villa**, in which you can admire an exhibition of works by Polish and Jewish artists who were active in the 20th century in France. The exhibition of cut-outs from Antoni Śledziewski's collection, presented in the **Konstancin Community Centre**, is another great attraction of the town. Here you can see the works from the most important regional paper cutting art centres in Poland, made by the most distinguished creative individualities in the post-War history of this field.

Detailed information: www.konstancinjeziorna.pl



Konstancin-Jeziorna, brine graduation tower



Konstancin-Jeziorna, the Gryf villa

TRIP NO. 7 – WARKA

Is it possible to experience America in Masovia? Yes, it is – for over 50 years, the **Kazimierz Pułaski Museum** in Warka has been bringing to our minds the history of Polish emigrants living in the USA. Surrounded by old trees, a historic park, in a white palace from the middle of the nineteenth century you will get to know the fate of many Polish-American figures: Kazimierz Pułaski, Tadeusz Kościuszko, Julian Ursyn-Niemcewicz, Helena Modrzejewska and Ignacy Jan Paderewski. In Warka you may also feel the atmosphere of a real Polish noble house. In addition, the great advantage of the museum is a **15 ha park situated on the slope above the Pilica River, included in the NATURA 2000 area**. Wandering along the educational and nature trail down to the river, you will learn about the fauna and flora of the Pilica Valley. The prevailing microclimate creates excellent atmosphere for a moment of relaxation, and the Pilica river is a canoeists' paradise.

Szczegółowe informacje: www.muzeumpulaski.pl.



Warka, the Kazimierz Pułaski Museum



Warka, Town Hall

#2

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IDEA FOR THE WEEKEND

Suggestions of interesting weekend trips around Masovia



SIERPC – PŁOCK

A visit to the Masovian countryside and in the historic capital city of Poland. Two cities with a history dating back to the 10th century and where the Middle Ages have left many valuable monuments. Here you can feel the atmosphere of history hidden in the Gothic walls, get to know the charm of 19th century rural life, enjoy the ambience of a modern, contemporary city and take part in one of many entertaining events.

DAY 1: SIERPC

Access from Warsaw: by car, by train (Koleje Mazowieckie, with a change in Nowy Dwór Mazowiecki), by bus.

Itinerary:

1. **Museum of the Masovian Countryside** – the greatest attraction of Sierpc, which presents the Masovian countryside from the 19th and early 20th centuries (3-4 hrs) *ul. Narutowicza 64*, www.mwmskansen.pl
2. **Walk around the town** (2 hr):
 - **Town Hall** – one of the branches of the Museum of the Masovian Countryside *pl. Wyszyńskiego 1*,
 - **„Kasztelanka Manor House”** surrounded by a multicoloured garden – the most beautiful example of the wooden development of Sierpc *ul. Kasztelańska 2*,
 - **Church under the Invocation of Sts. Vitus, Modestus and Crescentia** – one of the oldest temples in Masovia pl. Chopina 13.



Sierpc, the Museum of the Masovian Countryside



Sierpc, Town Hall

The recommended accommodation in Sierpc is located within the area of the open-air museum – Hotel Skansen Conference&SPA, ul. Narutowicza 64, Sierpc, www.hotelskansen.pl

DAY 2: PŁOCK

Access from Sierpc (ca. 40 min.): by car, by train (Koleje Mazowieckie), by bus.

Itinerary:

1. **Old Market Square with Town Hall, 18th- and 19th-century tenement houses**, in one of which the tourist information is situated (0,5 hr).
2. **Tumskie Hill** (2-3 hr):
 - **Co-Cathedral Basilica of the Assumption of the BVM**,
 - **complex of the former Benedictine abbey with relics of the Castle of the Dukes of Masovia and the building of the Diocese Museum** (the so-called Old Museum), www.mdplock.pl.



Płock, Town Hall

IDEA FOR THE WEEKEND



Płock, Tumska Hill



Płock, the Masovian Museum

Tourist Information Centre
Stary Rynek 8, 09-400 Płock,
phone +48 24 367 19 44,
www.turystykaplock.eu

3. **Masovian Museum** with the biggest collection of Art Nouveau art in Poland. (1 hr) *ul. Tumska 8, muzeumplock.eu*
4. **Małachowianka** the oldest school in Poland, existing in the same place since the late 12th century. The observation desk located on the tower displays a view of the town skyline. Since 2019, the tower has been adorned with a solar clock that alludes to the 19th-century history of the school. (0,5 hr), *ul. Małachowskiego 1, www.malachowianka.edu.pl*.
5. **Temple of Mercy and Love**, The only Mariavite Cathedral in Poland, erected in the English Gothic style, which is a rare sight in Poland. (0.5 hr), *ul. Kazimierza Wielkiego 27a, www.mariawita.pl*.
6. **City Park**, when the weather is good – Sobótko Water Reservoir, one of the cleanest bathing beaches in Masovia with pier, WakePark and the Anakonda water slide.



CIECHANÓW – OPINOGÓRA

In search of the treasure of the Dukes of Masovia and Romanticism. Two stories, two weekend days in the Ciechanów powiat. The Castle of the Dukes of Masovia, impregnable in the Middle Ages, and the romantic palace of the Krasiński family along with the historic English-style park surrounding it - doesn't that sound like a recipe for an enjoyable weekend getaway?

DAY 1: CIECHANÓW

Access from Warsaw: by car, by train (Koleje Mazowieckie), by bus.
Itinerary:

- 1. The Castle of the Dukes of Masovia** Erstwhile, it was a symbol of power, now – after over 700 years – it is experiencing a boom once again. It is the only castle of the Dukes of Masovia that remained unconquered throughout the Middle Ages. Today its Gothic walls house museum rooms. (1.5 hr), *ul. Zamkowa 1, www.zamekwciechanowie.pl.*
- 2. Market Square with neo-Gothic Town Hall from 1844**, designed by Enrico Marconi – one of the most distinguished architects of the 1st half of the 19th century creating in Poland.
- 3. Museum of the Masovian Gentry**, whose expositions concern: the crafts of the Masovian countryside, the history of Jewish families who used to live in Ciechanów and the art of folk sculpture. (1 hr), *ul. Warszawska 61, www.muzeumciechanow.pl.*
- 4. Church under the Invocation of St. Joseph.** The sacral symbol of the town erected in the style of Vistulan Gothic. (0.5 hr), *ul. Ks. Piotra Ściegiennego 11, www.faraciechanow.pl.*
- 5. Torus Science Park.** A place where science goes hand in hand with good fun. It is located in an adapted water tower (which, note well, has never been a water tower). (2 hrs) *ul. Płocka 34, www.parknaukitorus.pl.*



Ciechanów, the Castle of the Dukes of Masovia



Ciechanów, the Museum of the Masovian Gentry



Ciechanów, the Torus Science Park, the Water Tower

Recommended accommodation: QBATURA CAFÉ&HOTEL, located in the building of a historic brewery QBATURA CAFÉ&HOTEL, ul. Kilińskiego 4A, Ciechanów, www.qbatura.eu



Opiniogóra, the park and palace complex



Opiniogóra, the Museum of Romanticism

DAY 2: OPINOGÓRA

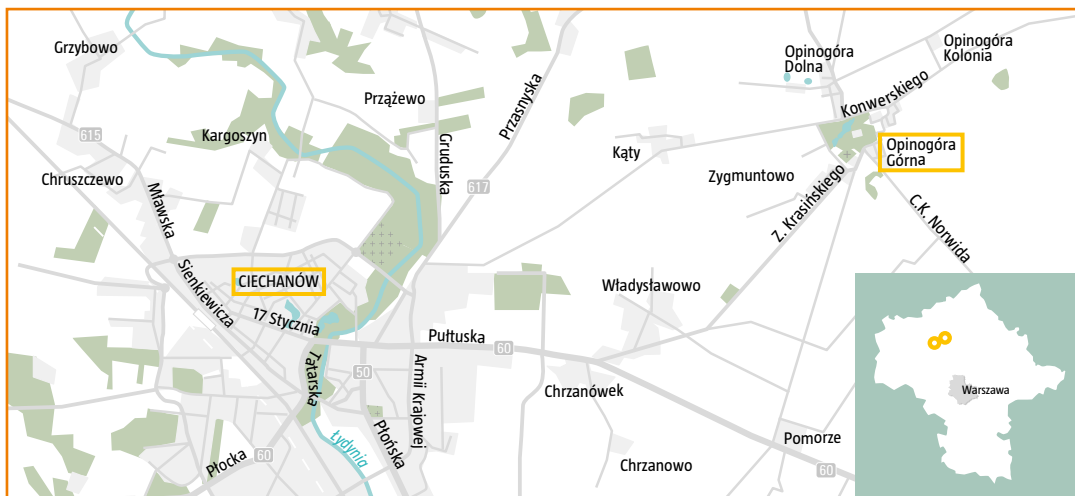
Access from Ciechanów (ca. 20 min.): by car, by bus (line 11 of the ZKM in Ciechanów).

Itinerary:

- Zygmunt Krasiński's park and palace complex with the Museum of Romanticism.** (4 hr), *ul. Krasińskiego 9*, www.muzeumromantyzmu.pl.

Sightseeing:

- visit at the Museum: permanent exhibition dedicated to Zygmunt Krasiński, located in a neo-Gothic Palace built in the 1840s, temporary exhibitions located in the neo-Gothic building of the Manor House Outhouse, exposition „Polish painting of the Romantic period” and Napoleonic exposition in the Manor House,
- walk around the historic English-style park,
- other attractions: stable, coach house, aviary, playgrounds for children, museum inn called „Gościniec Ogrodnika”, „Pod kasztanami” café.



SIEDLCE – WĘGRÓW – LIW

Following the footsteps of the sorcerer and El Greco. The Liwiec Valley with the smallest Masovian castle, the land of legends of the sorcerer named Twardowski, the pearl of the Polish Baroque and the beloved city of Princess Aleksandra Ogińska. If we add El Greco to all of this, who has probably never heard of this area, but still made it famous, a great deal of tourist impressions is more than guaranteed.

DAY 1: SIEDLCE

Access from Warsaw: by car, by train (Koleje Mazowieckie), by bus.
Itinerary:

- 1. Diocese Museum.** It is here where a true treasure can be found – the painting entitled „The Ecstasy of Saint Francis” by El Greco, the only work of this artist in Poland. (1 hr) , *ul. Biskupa I. Świrskiego 56, www.muzeum.siedlce.pl.*
- 2. Town Hall**, in Siedlce commonly called „Jacek”. The only town hall in Poland that carries Atlas with the terrestrial globe upon its shoulders. It houses the Regional Museum. (1 hr), *ul. Piłsudskiego 1, Siedlce, www.muzeumsiedlce.art.pl.*
- 3. The Ogiński Palace.** Classicist residence of „The Lady of Siedlce” – Aleksandra Ogińska. Today, it is the seat of the Siedlce University of Natural Sciences and Humanities and that is why it is not open for visitors. You can, however, take a stroll around the „Aleksandria” city park. (1 hr), *ul. Konarskiego 2, www.uph.edu.pl.*

DAY 2: WĘGRÓW AND LIW

Approach from Siedlce: by car, by bus.
Itinerary:

- 1. Minor Basilica under the Invocation of the Assumption of the BVM, St. Paul, St. Peter, St. Andrew and St. Catherine in Węgrów** with its famous 16th-century Twardowski’s mirror in the sacristy. (0,5 hr), *ul. Strażacka 5, www.bazylika-wegrow.pl.*
- 2. Walk around Węgrów** (1 hr):
 - Gdańsk House** A relic of merchants from Gdańsk who kept their trading post here. Today it houses the Chamber of Regional Collection and the Museum of Podlasie Textiles, *Rynek Mariacki 11.*



Siedlce, the Ogiński Palace

Tourist Information Centre

ul. Pułaskiego 7, 08-110 Siedlce
phone +48 535 068 593
www.pttksiedlce.pl

Tourist Information Point

ul. bp. I. Świrskiego 31, 08-110 Siedlce
phone +48 25 794 31 70
www.c kis.siedlce.pl

Recommended accommodation:

19th century

historic Mościbrody Manor House,

Mościbrody 52, 08-112 Wiśniew,

www.dwormoscibrody.pl.



Węgrów, the Minor Basilica under the Invocation of the Assumption of the BVM

IDEA FOR THE WEEKEND



Liw, the Castle of the Dukes of Masovia



Main Square in Węgrów

Tourist Information Point

ul. Rynek Mariacki 11, 07-100 Węgrów
phone +48 25 792 35 66
www.wegrow.com.pl

- **Post-Reformation complex.** A testament of the rich history of Węgrów, in which Protestants played a prominent part, *ul. Kościuszki 27.*

Transfer to Liw: by car, by bus (ca. 40 min).

The Castle of the Dukes of Masovia. The smallest castle in the Masovia region. It is situated by the Liwiec River, which at the times of the Dukes of Masovia ruling constituted a natural border of the Duchy. Currently, the Castle houses the Armoury Museum, which presents a collection of weaponry, graphic art, battle-themed painting and Sarmatian portrait. *Muzeum Zbrojownia na Zamku w Liwie, ul. Batorego 2, www.liw-zamek.pl.*



RADOM – SZYDŁOWIEC

Masovian global vibes – in a town bigger than Paris and the first independent museum dedicated to folk musical instruments in the world. A city with a centuries-old history, witnessed by numerous preserved monuments, a combination of gothic and post-industrial styles, and praise of rural life. Radom has many faces. On the opposite, Szydłowiec located nearby has a more uniform character, but what a character! The beautiful residence of the Szydłowiecki family and the extraordinary museum are truly breathtaking.

DAY 1: RADOM

Access from Warsaw: by car, by train (Koleje Mazowieckie), by bus.
Itinerary:

1. Walk along the **„Monuments of Radom”** tourist trail, along which are situated the most important monuments in the town, among them: Piotrówka Hill Fort, Church under the Invocation of St. Wenceslaus, Parish Church under the Invocation of St. John the Baptist, relics of the Radom castle, town defensive walls from the 14th century, complex of the Church under the Invocation of St. Catherine and Bernardine Monastery, old Baroque complex of Benedictine Church and Nunnery, classicist tenement houses down town, old Town Hall, old palace of the Karsch Family and residence in Żeromskiego Street, Garrison Church, Radom Cathedral, Glogier Family House and eclectic buildings down town. (ca. 3 hrs)
2. **Jacek Malczewski Museum** housing a collection of Malczewski's paintings. (2 hrs) (*Rynek 11, www.muzeum.edu.pl*)
3. **Gallery of Cultural Heritage of Radom Gallery** of the City of Kazimierz, located on the ground floor of the City Hall building where you will find the third largest urban model of the historic centre of Radom (1 hour) in the country, *ul. Żeromskiego 53*.
4. **Masovian Center of Contemporary Art „Elektrownia”** with interesting exhibitions, a cinema and a cafe. It was created on the initiative of Andrzej Wajda in an adapted building of a former power plant. This is an example of a perfect combination of post-industrial atmosphere and modern forms of presenting broadly understood culture (1 hr), *ul. Mikołaja Kopernika 1, www.mcswelektrownia.pl*



Radom, Town Hall



Radom, Jacek Malczewski Museum



Radom, the Museum of the Radom Countryside

Tourist Information Point

pl. Dworcowy 2, phone +48 48 360 06 10,
+48 793 456 783, www.cit.radom.pl

Tourist Information Centre (UM),

ul. Rwańska 16, phone +48 48 362 05 36,
www.radom.pl



Szydłowiec, the Museum of the the folk musical instruments



Main Square in Szydłowiec

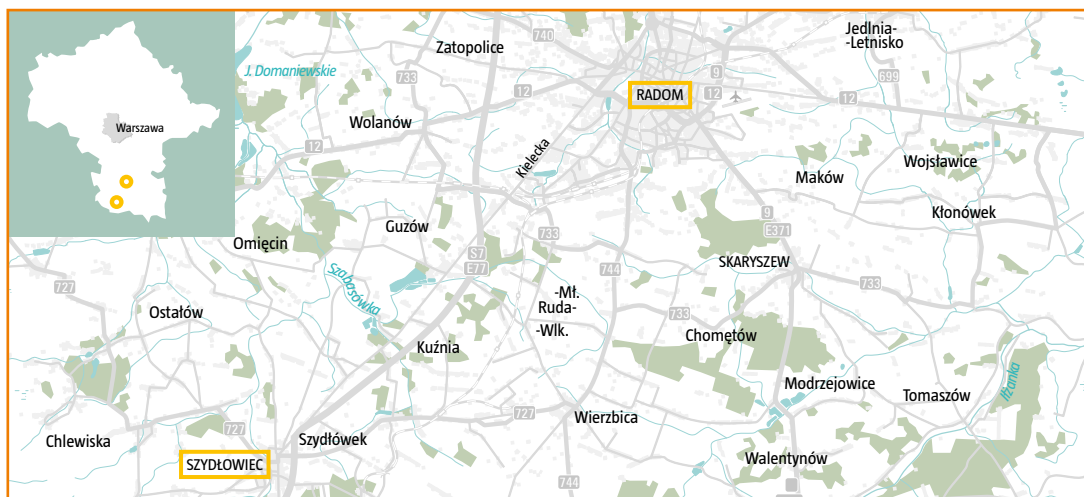
Tourist Information Point,

ul. Rynek Wielki 5a, 26-500 Szydłowiec,
phone +48 48 326 20 54,
www.szydlowiec.pl

DAY 2: RADOM, SZYDŁOWIEC

Itinerary:

- 1. Museum of the Radom Countryside.** It is an open-air museum, where you can get to know the cultural heritage of the land located on the borderline between Masovia and Lesser Poland. (2-3 hrs), *(ul. Szydłowiecka 30, Radom, www.muzeum-radom.pl)*.
Transfer to Szydłowiec: by car, by train (Koleje Mazowieckie), by bus. (ca. 0.5 hr)
- 1. Castle** – one of the most-stately Renaissance aristocratic residences in Poland, picturesquely located on an artificial island, surrounded by a moat and a historic park, and the Museum of Folk Musical Instruments, which presents the material testament of the need inherent in human beings to be in touch with music. (1 hr), *ul. J. Sowińskiego 2, www.muzeuminstrumentow.pl*.
- 2. Walk around Szydłowiec:** Grand Market Square with a historic Town Hall from the 17th century, Church under the Invocation of St. Sigismund from the late 15th century.(1 hr)



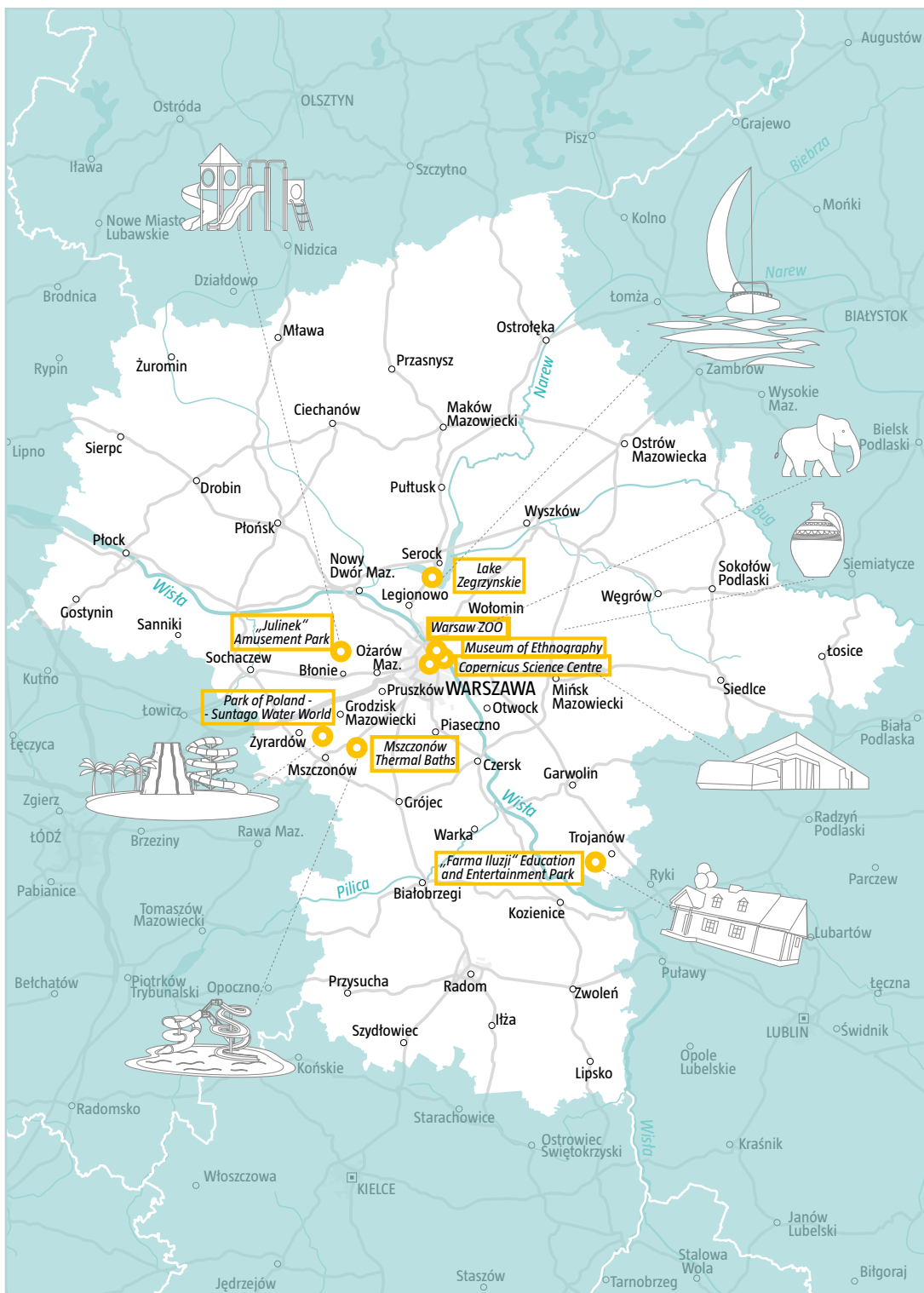
ADVENTURE TRIP

Suggestions of water holidays
and attractions for children

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WATER FUN AND THE EXPLORATION OF THE WORLD

PARK OF POLAND – SUNTAGO WODNY ŚWIAT

The biggest roofed water park in Europe is located in Masovia. Opened in the early 2020, it has become one of the greatest attractions in the region. Three thematic zones await tourists in the park: Jamango, Relax and Saunaria, Wellness&Spa zone, several dozen water slides of joint length of 3.2 km, 2 thousand m² of pools, 840 m² of thermal pool, 8 different saunas and baths and, in addition, restaurants, bars and Suntago Village with bungalows. (*ul. Nowy Świat 1, 96-300 Wręcza, www.parkofpoland.com*)



Park of Poland – Suntago Wodny Świat

ZEGRZE

A true paradise for sailors, anglers and lovers of windsurfing, wakeboarding, flyboarding and relaxing on the beach. Numerous holiday and summer resorts, restaurants and bars tempt tourists with their offers. There are plenty of sailing schools, water sports equipment rentals and yacht marinas. The most popular locations by the Zegrze Lake include Zegrze, Serock, Zegrzynek, Jadwisin, Jachranka, Biało-brzegi and Rynia. The Lake, or rather water reservoir, and its surroundings are a perfect proposition for lovers of water holidays. (*www.jezioro.zegrzynskie.pl*)



Lake Zegrzyńskie

MSZCZONÓW THERMAL BATHS

Sweet thermal springs tapped at the depth of 1.6 km supply two all-year swimming pools. The attractions include also a sports swimming pool, a recreational swimming pool and a swimming pool for children as well as water slides, jacuzzi, saunas, salt grotto, playground and beach with beach volleyball courts and outdoor gym, and an ice rink in winter. In the local rental there await tourists: bikes, Nordic walking poles and cross-country skiing sets. (*ul. Warszawska 52, 96-320 Mszczonów, www.termy-mszczonow.eu*)



Mszczonów Thermal Baths

MOCZYDŁO WATER PARK

The renovated Moczydło Water Park is a whole range of attractions,

ADVENTURE TRIP



Warsaw, Moczydło Water Park



"Julinek" Amusement Park



"Farma Iluzji" Education and Entertainment Park

perfect both for winter and summer days. Sports swimming pool, recreational basin with underwater daybeds and geysers, water slides, water bells, playgrounds, obstacle courses and, of course, summer swimming pools. Perfect proposition for catching your breath after a long day spent on sightseeing the capital city's attractions. (*ul. Górczewska 69/73, Warszawa, www.aktywnawarszawa.waw.pl*)

"JULINEK" AMUSEMENT PARK

This is a place with history – it was here where for several dozen years a centre for circus art and entertainment of international standing was functioning. And alluding to circus, Julinek has built its attractions. Both children and adults enjoy them greatly, the park's offer is perfect for people of all ages. Sky Circus, the Land of Bouncy Houses, Circus Mini-Golf are only some of the attractions offered by this place located within the Kampinos National Park buffer zone. (*Julinek 1, 05-084 Leszno k/Warszawy, www.julinek.com.pl*)

"FARMA ILUZZJI" EDUCATION AND ENTERTAINMENT PARK

The multitude and diversity of attractions (there are over 60 of them!) located on a partly forested piece of land of 6 hectares are the greatest assets of Farma Iluzji. Here you can find playgrounds, roundabouts, mini railways, labyrinths, mini zoo. Of course, there's also plenty of illusion: the Crooked Cottage, the Gold Mine and magicians' shows. You can organise a picnic and relax by the pool. (*Mościska 9, 08-455 Trojanów, www.farmailuzji.pl*)

COPERNICUS SCIENCE CENTRE

The kingdom of science, experiments and great fun. A visit in the biggest science centre in Poland is a recipe for a fascinating trip to the world of chemistry, biology, physics, robotics and astronomy. Hundreds of interactive exhibits, workshop spaces, laboratories, two amazing theatres: Robotic Theatre and High

Voltage Theatre are attractions that teach and amuse not only children. Adults can also find place to realize their passions there. *(ul. Wybrzeże Kościuszkowskie 20, 00-390 Warszawa, www.ko-pernik.org.pl)*

WARSAW ZOO

Existing since 1928, today the Warsaw Zoo is home for ca. 5 thousand animals of 550 species. It is a place in which subsequent generations of Varsovians meet furry bears, long-legged giraffes, fierce crocodiles or capuchin monkeys, adored by children. It is also a place that perpetuates the history of Jan Żabiński and his family, who risked their own lives to give shelter to hundreds of Jews persecuted during World War II. The history of the Warsaw shelter can be learnt by visiting the Villa that used to belong to the Żabiński family and is situated on the premises of the Zoo. *(ul. Ratuszowa 1/3, 03-461 Warszawa, www.zoo.waw.pl)*

ETHNOGRAPHIC MUSEUM

Colourful and thematically diverse, the oldest ethnographic museum in Poland attracts the attention not only of ethnographic experts, but also of the youngest explorers. Permanent exhibitions which take their visitors to the world of Asia and Africa, Poland and Europe. The museum is an extraordinary facility not only due to its age and unique collections, but also because of the Museum for Children with an attractive program of activities, workshops and family events held throughout the year. *ul. Kredytowa 1, 00-056 Warsaw, www.ethnomuseum.pl*

MUSEUM OF DOLLHOUSES, GAMES AND TOYS

Repeatedly awarded for educational and cultural activity, a toy museum in Warsaw is a place that will fascinate both children and older visitors. The main branch of the museum situated in the heart of the Old Town offers two permanent exhibitions at which we can admire exhibits originating from all over the world, even 200-year-old pieces. *ul. Podwale 15, 00-252 Warszawa, www.muzeumdomkow.pl*



Warsaw, Copernicus Science Centre



Warsaw, Zoo



Warsaw, Ethnographic Museum



Museum of Dollhouses

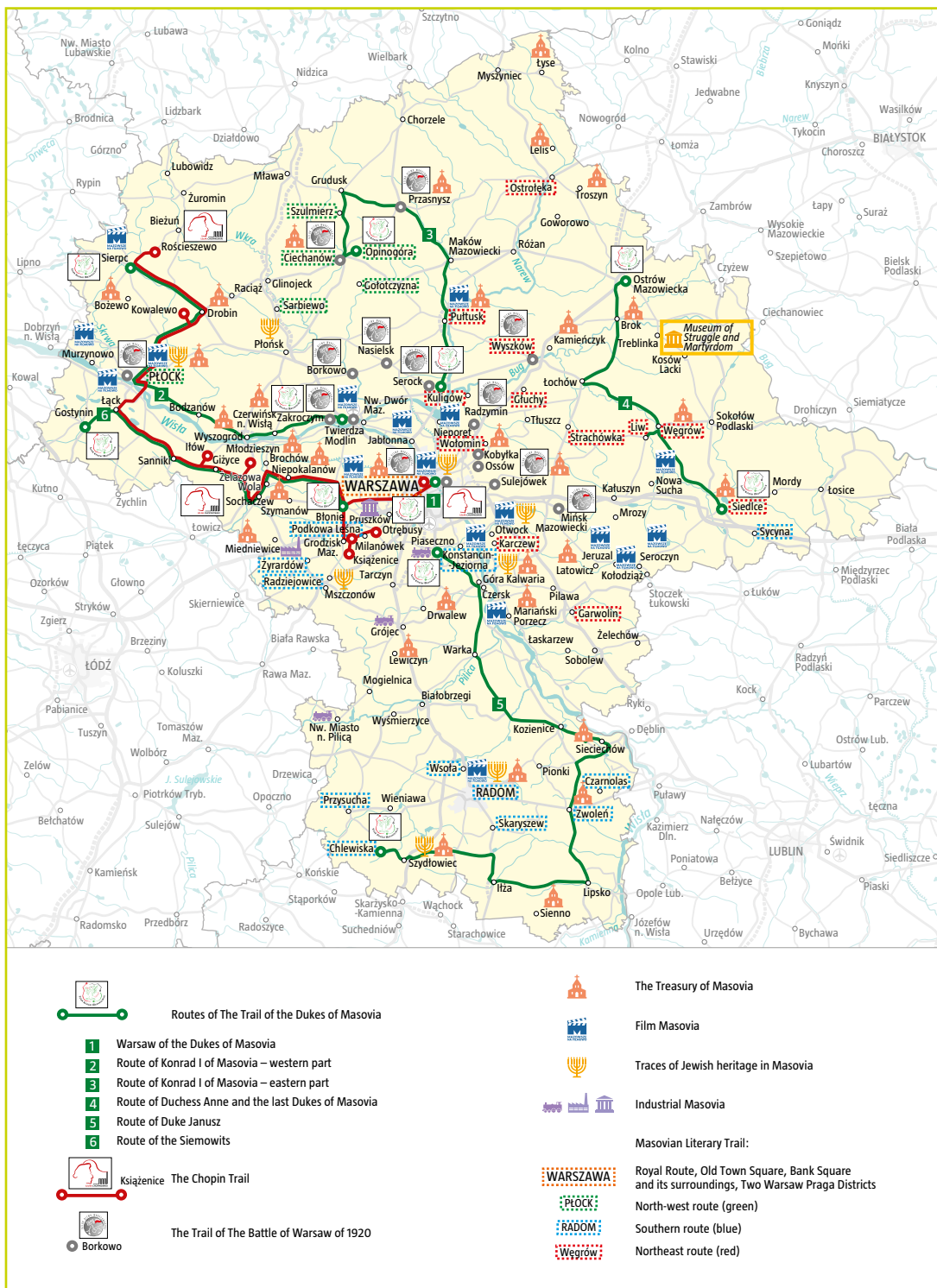
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THEMATIC MASOVIA

Masovian thematic trails





THEMATIC

MASOVIA

THE TRAIL OF THE DUKES OF MASOVIA

Story of three centuries of the Masovian Piasts, thanks to whom Masovia enriched by ca. 100 buildings, both secular and sacral ones, new architectural style called „the Masovian Gothic”, as well as legends of treasures of the Knights Templar and countless incredible tales. One of them was described by William Shakespeare himself in his „The Winter’s Tale”. Crossing Masovia along The Trail of the Dukes of Masovia, you can get to know the legacy left by a few generations of the House whose progenitor was Konrad I of Masovia. History scores him harshly for bringing Knights of the Cross to Poland. But we have to remember that it was also by his affair that nearly virgin lands turned into a dynamically acting and developing autonomic duchy, which finally, once the line had died out, was annexed by Poland.



Warsaw, St. Anne's Church



Warsaw, the Grodzka tower



Czerwińsk, the Basilica of St. Annunciation of the Blessed Virgin Mary

The Routes of the Dukes of Masovia:

1. **Warsaw of the Dukes of Masovia:** Jazdów – hunting manor house of the Dukes of Masovia (today Ujazdów Castle), Three Crosses Square, St. Anne's Church, Royal Castle, St. John's Cathedral, city walls, tenement house of the Dukes of Masovia at the Market Square, Zakroczymska Street.

👁 *Highly recommended – **the Royal Castle**, where once stood a wooden manor house - the oldest seat of the duke. Replaced by a brick building with the Grodzka Tower which basement and ground floor parts preserved to this day. And although the tower is not available to visitors, it is worth remembering that the Royal Castle was originally the residence of Masovian dukes, and only later became the seat of the king.*

2. **Route of Konrad I of Masovia – western part:** Zakroczym, Czerwińsk, Wyszogród, Bodzanów, Płock, Drobin, Sierpc, Zakroczym.

👁 *Highly recommended – **Czerwińsk**, a city that played a key role in the battle with the Teutonic Order in 1410. It is the place where, at the foot of the 12th-century Romanesque basilica of St. Annunciation of the Blessed Virgin Mary, one of the most unusual structures of medieval Europe was built - the pontoon bridge. It enabled the troops of king Władysław Jagiełło to cross the Vistula River on their way to Grunwald.*

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3. **Route of Konrad I of Masovia – eastern part:** Serock, Pułtusk, Maków Mazowiecki, Przasnysz, Grudusk, Ciechanów, Opinogóra.

👁️ *Highly recommended – **Ciechanów**, with the Castle of the Dukes of Masovia overlooking the city for over 600 years - a stronghold that was never conquered in the Middle Ages.*

4. **Route of Duchess Anne and the last Dukes of Masovia:** Siedlce, Liw, Węgrów, Ostrów Mazowiecka.

👁️ *Highly recommended – **Liw**, a small town picturesquely situated on the Liwiec river, the symbol of which is the Masovian Dukes' Castle, the smallest in Masovia.*

5. **Route of Duke Janusz:** Piaseczno, Czersk, Warka, Koźnice, Sieciechów, Iłża, Szydłowiec, Chlewiska.

👁️ *Highly recommended – **Czersk**, the second after Płock power centre of the Dukes of Masovia, considered to be also a military centre, today - a countryside surrounded by orchards, picturesquely situated on the Vistula embankment, the symbol and greatest attraction of which is the medieval Gothic castle built by Duke Janusz.*

6. **Route of Siemowits:** Błonie, Kampinos, Brochów, Sochaczew, Giżyce, Sanniki, Gostynin.

👁️ *Highly recommended – **Gostynin**, in which the defensive buildings were erected during the times of the first Masovian ruler - Siemowit III. Today, the site is occupied by a restored castle serving as a hotel. An interesting fact is that the castle is adjacent to the buildings of the church (the so-called Column Hall) containing fragments of a medieval castle in its walls.*

More details at:
www.dziedzictwomazowska.pl/szlak-ksiazat-mazowieckich.



Ciechanów, the Castle of the Dukes of Masovia



Liw, castle



Czersk, the Castle of the Dukes of Masovia



Gostynin, castle

THE TRAIL OF THE BATTLE OF WARSAW OF 1920

It is commonly called „the Miracle of the Vistula”, because there were no signs that Poles would win and stop the Bolsheviks’ march west. One of the most important battles, not only in the history of Poland, but also of the whole world, was the source of inspiration for the creation of the trail, which is worth following if you want to understand what exactly happened on those several August days 100 years ago.



Warsaw, the Tomb of the Unknown Soldier



Warsaw, the Independence Museum



The Modlin Fortress

- 1. Warsaw of 1920.** The key to victory over Poland, the invaders’ strategic aim, the support area of the hostilities and, finally, the city in which political, social, economic and military decisions were taken. These are the places in the very capital related to the famous battle. Cannon at the back of the Kazimierz Palace – symbol of the fight of the academic youth for independence in the years 1918–1920 (26/28 Krakowskie Przedmieście Street), **Ignacy Skorupko’s Grave at the Powązki Cemetery**, Pr. Ignacy Skorupko’s Monument in front of St. Florian’s Cathedral at 3 Floriańska Street, **Polish Army Museum** (3 Jerozolimskie Avenue), **Powązki Military Cemetery**, **Tomb of the Unknown Soldier** (Piłsudskiego Square), **Church of Our Lady of Victory** in Kamionek (365 Grochowska Street), **Church under the Invocation of Christ the King** in Targówek (27/35 Tykocińska Street), **Church of Our Lady of Victory** in Rembertów (1 Grzybowska Street), **Monument of the Miracle of the Vistula** in Bródno (49 P. Wysockiego Street), **Independence Museum** (62 Solidarności Avenue)
- 2. Masovia 1920.** Contrary to what its name suggests, the battle of 1920 took place in many different places, dozens of kilometres from Warsaw. The most important ones are located along the following route.
 - **Ossów** – it is the place where on August 14, 1920, the battle considered to be one of the most important events of the Battle of Warsaw took place. The event is commemorated by symbolic crosses and monuments, a war cemetery and a multimedia Tourist and Historical Information Centre.
 - **Radzymin** – a fierce and bloody battle was fought here from 13 to 16 August 1920, which was finally won by the Polish troops. Those events are commemorated by, among others, a cemetery of Polish soldiers from 1920.
 - **Modlin Fortress** – an important defensive point, infrastructure and supply base during the Battle of Warsaw. At the fortress cemetery dating back to 1915, there is a section dedicated to Polish soldiers who were killed in August 1920.

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- **Zakroczym** – Fort I of the Modlin Fortress, which played an important role in the regrouping of the Polish troops during the operations on the Wkra River. Medical facilities and infrastructure of the Northern Front were also created in the city. The future president of France, Charles de Gaulle, lived in Zakroczym during the Battle of Warsaw, serving at that time in one of the units stationed in the Modlin Fortress.
- **Płock** – the symbolic Tomb of the Unknown Soldier and the plaque embedded in the façade of the guard building reminds us of the steadfast struggle of the city's inhabitants.
- **Borkowo** – the battle fought here is commemorated by a monument and the preserved remains of the bridgehead, for which the fight was fought. Every year, on the first Saturday following August 15, historical reconstructions are organized in Borkowo.
- **Nasielsk** – two infantry regiments of Gen. Sikorski's 5th Army fought fierce fights in this place. The victims of those clashes are commemorated by a mass grave in the parish cemetery.
- **Mińsk Mazowiecki** – its liberation on August 17, 1920 was a turning point in the Battle of Warsaw. The trail includes a church of the Nativity of the Blessed Virgin Mary where General Haller prayed before and after the battle, and the Museum of the 7th Lublin Lancers Regiment located in Dr. Jan Hubert's Villa, branch of the Minsk Regional Museum.
- **Wyszaków** – the task of the units grouped in its vicinity was to delay the Soviet march towards the capital. After the liberation of Wyszaków, the local presbytery was visited by Stefan Żeromski, who, as reported by Fr. Mieczkowski - later described the stay of the Bolsheviks in the short story „At the rectory in Wyszaków”.
- **Serock** – in the local church of Annunciation of the Blessed Virgin Mary, there is a painting by Stanisław Witold Bienias depicting the „Miracle on the Vistula”. In the parish cemetery, the events of 1920 are commemorated by the mass grave of unknown Polish Army soldiers who died in 1920.
- **Sulejówek** – on the trail there is the Józef Piłsudski Museum, a museum and educational complex that creates a unique at a national level combination of the intimacy of the historic mansion „Milusin” and the surrounding areas with the modern space of the new building. On the Independence Square you can encounter the Monument of the Marshal and the Mound of the Co-Funders of Independence.



Ossów, the multimedia Centre of Tourist and History Information



Wyszaków, rectory



Mińsk Mazowiecki, the Church of the Nativity of the Blessed Virgin Mary



Sulejówek, the Józef Piłsudski Museum

Detailed information can be found at: www.dziedzictwomazowska.pl/szlak-bitwy-warszawskiej.

THEMATIC MASOVIA

THE CHOPIN TRAIL

He spent half of his life in Masovia. He was born in Żelazowa Wola, he spent his childhood and youth in Warsaw. One of the most distinguished composers of all times, Chopin left many relics in the region. The Chopin Trail is an extraordinary journey into the world of music created by this brilliant composer. It runs through the most beautiful nooks of the region connected with his life, among scenic landscapes and sceneries of Masovian cities, towns and villages.



Warsaw, the Fryderyk Chopin Museum



The Palace in Sanniki



Żelazowa Wola

1. **Chopin's Warsaw.** This is, above all, the part of the Royal Route between the Sigismund's Column and the Three Crosses Square, but also a few other points in other parts of the city. Perfect proposition for a walk accompanied by the music of the great Romantic composer coming from the so-called „Chopin's benches”. Three Crosses Square, the Saxon Garden, Krakowskie Przedmieście Street with the Holy Cross Church, Church of the Nuns of the Visitation, B. Prus Academic Bookshop, Czapski Palace, Kazimierz Palace, Oboźna Street, Staszic Palace, The Fryderyk Chopin Museum, Royal Baths Park, Belweder
2. **Chopin's Masovia.** Towns and villages connected to Frédéric Chopin in one way or another. Along the trail there are, among other things: the church in which the composer's parents were wed and he himself was baptised, the house in which he was born, places which he frequented as a child and an adolescent during his summer holidays, the temple in which at the end of World War II the casket containing his heart rested, and the Museum of the Masovian Countryside in Sierpc, which conveys the nature of the 19th-century Masovian countryside – a great source of inspiration for the composer. Church in Milanówek, Łazy-Pasikonie-Zawady, Żelazowa Wola with the Birthplace of Frédéric Chopin, St. Rocco's Church in Brochów, Sochaczew, Sanniki with Frédéric Chopin European Art Centre, Płock, Kowalewo, Museum of the Masovian Countryside in Sierpc, Rościszewo

More details at:

www.dziedzictwomazowska.pl/szlak-chopinowski

CINEMATIC

Masovian villages, towns, cities, landscapes and attractions ceaselessly delight directors and set designers. For years, the Masovian land has been the choice number one of film-makers producing their films and TV series. „Film Masovia” is a special treat for the lovers of cinema and fans of small screen productions, who are fascinated with the histories of their favourite characters and want to visit places that are connected with them. Their list is not closed, all the time there appear more and more, thanks to which the trail is developing and will never get boring.

1. **Warsaw.** The greatest source of inspiration for film-makers. Inexhaustible and ever-changing. Here is where the iconic films: „Teddy Bear”, „Wojna domowa” („Home Conflict”), „Colonel Wolodyjowski” and „Stawka większa niż życie” („More Than Life at Stake”) were filmed. Warsaw has been the heroine of romantic comedies (such as „Tylko mnie kochaj” - „Just Love Me”, „Och, Karol”), drama series (such as „Magda M.”), biographies (such as „My Nikifor”), war films (such as „Akcja pod Arsenalem” - „Operation Arsenal”, „Warsaw 44”, „Kamienie na szaniec” - „Stones for the Rampart” and the Oscar-winning „Pianist”) as well as action films (such as „Jack Strong”). Thanks to those film productions we know what the capital looked like in the 1960s, 1970s, and 1980s and how it has changed into the modern European city it is today.
2. **In Masovia,** it is worth recalling a few towns and related film productions to stimulate the imagination and the desire to visit film locations: Sierpc – the Museum of the Mazovian Countryside, featured in such films as: „With Fire and Sword”, „Pan Tadeusz” („Master Thaddeus”) and „Szwadron” („Squadron”), Płock: „Mr. Kleks w kosmosie” („Mr Inkblot in Outer Space”), „Stawka większa niż życie” and „Szatan z siódmej klasy” („Satan from the Seventh Grade”), Pułtusk: „Alternatywy 4” („4 Disjunction Street”), „Dom” („The House”), „Klan” („The Clan”) and „M jak miłość” („L Stands for Love”), „Ekipa” („The Crew”), Jeruzal: „Ranczo” (The Ranch) in Wilkowyje, Modlin Fortress: „Pan Tadeusz”, „Stawka większa niż życie”, „Colonel Kwiatkowski”, „C.K. Dezerterzy” („Imperial-Royal Deserters”), „Battle of Warsaw 1920”, „The Wedding”, „Rose” and „In Darkness”, Kampinoski National Park: „Janosik”, „Pan Tadeusz”, „Operacja Samum” („Operation Simoom”), „Czas Honoru” („Days of Honour”), „Essential Killing” and „Letters to Santa”, Radom: „The Orchestra Conductor”, the Radom Village Museum: „The Spring to Come”, Łąck: „Stawka większa niż życie”, „Szatan z siódmej klasy”, „With Fire and Sword” and „Marszałek Piłsudski”.

More information at: www.mazowszenafilmowo.pl



Sierpc, the Museum of the Mazovian Countryside



The Modlin Fortress



Jeruzal, Krysia's shop

THEMATIC MASOVIA

THE TREASURY OF MASOVIA

The finest sacral buildings in the Masovia yours for the asking. Special treat for those with passion to visit churches, the historic ones, but also those that are contemporary. Information on works of sacral architecture in Warsaw and the Masovia region have been collected in one place, along with suggestions of various routes and means of transport.



Czerwińsk, the Basilica of St. Annunciation of the Blessed Virgin Mary



Brochów, the Basilica of St. John the Baptist and St. Roch



Lewiczyn, the wooden church of St. Wojciech and St. Marcin

Top churches of The Treasury of Masovia:

1. Romanesque Basilica of the Annunciation of the Blessed Virgin Mary in Czerwińsk.
2. Gothic-Renaissance **Church under the Invocation of St. Andrew in Brok.**
3. Gothic-Renaissance **Church under the Invocation of St. John the Baptist in Brochów.**
4. Gothic **Collegiate Basilica under the Invocation of the Annunciation of the BVM in Pułtusk.**
5. Gothic **Church under the Invocation of the Holy Cross Day in Zwoleń.**
6. Baroque Minor **Basilica under the Invocation of the Assumption of the BVM and the Sanctuary of Our Lady of Fatima in Węgrów.**
7. Post-Benedictine **Abbey with the rococo Church under the Invocation of the Assumption of the BVM in Sieciechów.**
8. Modernist **monastery complex with the Church under the Invocation of the BVM the Immaculate and St. Maksymilian Kolbe in Niepokalanów.**
9. Contemporary Temple of the Divine Providence in Warsaw.
10. Combination of elements of Gothic, Renaissance and classicism – **Co-Cathedral Basilica of the Assumption of the BVM in Płock.**
11. Wooden Baroque **Church under the Invocation of Our Lady of Sorrows in Mariańskie Porzecz.**
12. Wooden **Church under the Invocation of St. Adalbert and St. Martin – Sanctuary of Our Lady of Lewiczyn in Lewiczyn.**
13. Wooden **Church under the Invocation of St. Anne in Łyse village.**

More information at: www.skarbiecmazowiecki.pl

IN THE CIRCLE OF THE JEWISH HERITAGE

Traces of Jewish heritage in Masovia seen not only through the prism of the Holocaust, but also as a legacy that bears testimony to the centuries-old coexistence of the two nations: the Polish and the Jewish. Following this trail gives you an opportunity to get to know several hundred years of history of the presence of Jews on the Masovian land.

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13. Wooden **Church under the Invocation of St. Anne in Łyse village.**



Warsaw, the Nożyk Synagogue



Warsaw, the POLIN Museum



Treblinka, the Museum of Struggle and Martyrdom

More information at: www.skarbiecmazowiecki.pl

THEMATIC MASOVIA

INDUSTRIAL MASOVIA

Old factories, extraordinary machines, past manufacturing traditions – there are many extraordinary places with an industrial atmosphere in Masovia. Enthusiasts of the “patinated” industry will find places related to ancient technology, textile industry and railways, including the most charming narrow-gauge railway.



Warsaw, the Museum Station



Sochaczew, the Museum of Narrow-Gauge Railway



Pruszków, the Stefan Woyda Museum of Ancient Metallurgy

Although Warsaw is not commonly associated with an industrial atmosphere, it is best to start this thematic journey in the heart of the capital city, at the **Museum Station**, located right next to the Warsaw Main Railway Station. It is a treat for railway enthusiasts, who can expect to see, among others, the largest collection of valuable rail vehicles in Poland and over 200 models of rolling stock, not to mention the exhibition presenting the history of railways in Poland and in the world.

One of the ways getting familiar with the industrial side of Masovia is by taking a ride by the 120-years-old **Piaseczno-Grójec Narrow Gauge Railway**, which connects Piaseczno Miasto Wąskotorowe with Runów, where the Wild West City is located. The greatest attraction of the latter is the possibility to drive a diesel locomotive and to take a handcar ride. You can also go by the narrow-gauge railway from Sochaczew to the Kampinos Virgin Forest. This, in turn, is part of the offer of a branch of the **Museum Station - the Museum of Narrow-Gauge Railway in Sochaczew**, which boasts of one of the biggest collections of narrow-gauge railway vehicles in Europe.

The industrial pearl of Masovia is Żyrardów, which is distinguished by the only one in Europe, almost entirely preserved complex of industrial town factory, residential and public buildings from the turn of the 19th and 20th centuries.

Another place worth visiting is the Stefan Woyda Museum of Ancient Metallurgy located in the Potulicki park and palace complex in Pruszków. Its modern, interactive exhibition presents a perfect image of one of the most important discoveries in post-War Polish archaeology – the Masovian Metallurgy Centre that existed at the turn of two eras, of the life of Masovian metallurgists as well as warriors going to wars and different kinds of craftsmen: potters, weavers or amber workers.

MASOVIAN LITERARY TRAIL

A review of Polish literature in Masovia, which for centuries was and still is a place associated with the work of outstanding writers and poets. Here they came into the world and died, they lived here, they created and carried out their various activities. On the trail covering almost the entire voivodeship, there are several dozen villages with museums, churches, palaces, manors and monuments, which are the testimony of the life and work of outstanding artists.

Routes of the Masovian Literary Trail:

1. **Warsaw:** Royal Route, Old Town Square, Bank Square and its surroundings, Two Warsaw Praga Districts

Highly recommended:

- **The Royal Route**, where there are several objects related to such figures as Cyprian Kamil Norwid, Adam Mickiewicz, Henryk Sienkiewicz, Julian Tuwim, Leopold Tyrmand, Stanisław Wyspiański, Tadeusz Boy-Żeleński and others.

2. **North-west route** (green): Laski, Zaborów, Płock, Sarbiewo, Ciechanów, Szulmierz, Opinogóra, Gołotczyzna, Pułtusk, Serock, Żegrzynek, Sanniki

Highly recommended:

- **Płock** – a city worth visiting following the footsteps of Władysław Broniewski
- **Gołotczyzna** from the Museum of Positivism
- **Pułtusk**, with whom Maciej Kazimierz Sarbiewski – an outstanding baroque poet, Wiktor Gomulicki – eulogist of Warsaw and Pułtusk and Włodzimierz Wolski – a 19th century novelist, author of, among others, Halka's libretto from the opera by Stanisław Moniuszko – were associated.
- **Opinogóra** – with the palace and park complex of Zygmunt Krasiński and the Museum of Romanticism



Warsaw, Krakowskie Przedmieście Street, the monument of Adam Mickiewicz



Pułtusk, the Market Square



Opinogóra, the Museum of Romanticism

THEMATIC MASOVIA



Konstancin-Jeziorna, the „Świt” villa



Czarnolas, the Jan Kochanowski Museum



Wołomin, the „House on the Meadows” Museum

3. **Southern route (blue):** Radom, Konstancin Jeziorna, Czarnolas, Zwoleń, Sycyna, Skaryszew, Wesoła, Przysucha, Radziejowice, Żyrardów, Brwinów, Podkowa Leśna
Highly recommended:

- **Konstancin-Jeziorna**, where Stefan Żeromski lived. In his house - Willa Świt - the Stefan Żeromski Memorial House is now located
- **Zwoleń i Czarnolas** related to Jan Kochanowski
- **Przysucha** with the 19th-century Dembiński manor house, which houses the biographical museum of the ethnographer, folklorist and composer Oskar Kolberg.

4. **Northeast route (red):** Wołomin, Kuligów, Dąbrówka, Głuchy, Wyszaków, Pułtusk, Ostrołęka, Strachówka, Liw, Węgrów, Dąbrowa, Siedlce, Chlewiska, Garwolin, Józefów, Karczew
Highly recommended:

- **Wołomin** with the Zofia and Wacław Nałkowski „House on the Meadows” Museum
- **Chlewiska** with the House of Creative Work „Reymontówka”, which plays an important role as a centre for cultural, historical and ecological education.

The trail is best explored with a dedicated application available for download on iOS and Android.

More information can be found at www.msl.nogravity.io.

THE TASTES OF MASOVIA

A culinary journey across
the region

#5

10



THE TASTES OF MASOVIA

WORTH TO TASTE IN MASOVIA



Wuzetka cake



Potato cake



Potato cake

WARSAW CUISINE

It was created as a mixture of various European cultures with an addition of communist times. Iconic dishes such as Warsaw pork chops, herring Warsaw-style, kidneys (cynaderki) with buckwheat groats or baked according to a recipe from the turn of the 1940s and 1950s. and also Wuzetka (a chocolate sponge and cream cake) are absolute hits that must be tasted while in the capital. Regional cuisine sets are served, among others, by a restaurant called „Karczma” located in the „Gromada” hotel, which offers polish cuisine of the highest quality.

Hotel Gromada Warszawa Centrum, Pl. Powstańców Warszawy 2, 00-030 Warsaw, www.gromada.pl/hotel-warszawa-centrum

CUISINE OF THE RADOM REGION

Delightful because of its simplicity, tastiness and fullness. The cuisine of Radom was once an agricultural cuisine, supplemented with gifts of the Radom forest. It was dominated by soups, including soups strewn with cabbage or groats and dried fruit soups, potatoes were also quite popular. One of the traditional dishes was the so-called „pazibroda” - cabbage with potatoes, and in a more luxurious version - also richly sprinkled with pork scratchings. Today, regional delicacies are served, among others, by the restaurant of the Gromada hotel in Radom.

Hotel Gromada Radom - Centrum, ul. Narutowicza 9, 26-600 Radom, <https://www.gromada.pl/hotel-radom-centrum>

POLISH GRAPE AND FRUIT WINES

They delight even the most demanding gourmets and sommeliers. They are produced using traditional wine methods in one of the largest vineyards in Poland and the largest in Masovia, known as the „Masovian Tuscany”. An additional attraction is the possibility of visiting the vineyard crowned with a fine drinks tasting experience. *Dwórzno Vineyard, ul. Spokojna 47, 96-320 Dwórzno, www.winnica.dworzno.pl*

PORK WITH LOCAL APPLES FROM GRÓJEC COUNTY AND FRENCH MUSTARD

A dish created in Mała Wieś by Robert Makłowicz. You can try it in „Stara Wozownia” - an elegant restaurant located in the historic building of the former coach house. This is one of the many dishes of the local cuisine, the leitmotif of which are products made from local ingredients of the Grójec orchard region.

*Mała Wieś Palace, Mała Wieś 40, 05-622 Belsk Duży,
www.palacmalawies.pl*

PORK KNUCKLE

This dish has conquered Polish tables, and next to pork jelly or tripe, it is indispensably associated with bars of Warsaw's Praga district. Its „exquisite and communist” version is also served by „Oberża pod Czerwonym Wieprzem”, bearing the name Erich's Knuckle, referring to the figure of Erich Honecker - the leader of the GDR.

*Tavern near Czerwony Wieprz
ul. Żelazna 68, 00-866 Warsaw, www.czerwonywieprz.pl*

CARP

The undisputed king of the Restauracja Dworska in Mościbrody Manor House. Freshly caught carp at nearby fish farms are served in a variety of ways. The menu includes, among others carp sausage, carp pate, carp dumplings and smoked carp.

*Mościbrody Manor, Mościbrody 52, 08-112 Wiśniew,
www.dwormoscibrody.pl*

DISHES ORIGINATING FROM THE KURPIE REGION

Rejbak, fafernuchy, cabbage with groats, soft bread with crumble, country bread with lard and „psiwo kozicowe” (type of local beer). Such a Kurpie Feast can be enjoyed only at the Kurpie Museum in Wach.

The Kurpie Museum, Wach 14, 07-420 Kadzidło,
www.kurpie.com.pl



Pork with local apples from Grójec County



Pork knuckle



Smoked carp



Fafernuchy

THE TASTES OF MASOVIA

RECOMMENDED RESTAURANTS



„Zagłobianka” restaurant in Nieporęt

„Zagłobianka” restaurant in Nieporęt

A modern take at the traditional Polish cuisine. However, you can try other tastes here during the „culinary journeys” organised once a month.

(pl. Wolności 2, 05-126 Nieporęt, www.zaglobianka.pl)



„Dworska” restaurant in Mościbrody Manor House

„Dworska” restaurant in Mościbrody Manor House

Situated on the „Masovian Noble Bowlful” trail, the restaurant serves traditional Old Polish dishes, home-made pâtés, cold and hot meats as well as fish from the local ponds. Its location, in a renovated 19th-century manor house, which brings to mind everything that was the best in the Polish landowning culture, certainly adds some local colour. (Mościbrody 52, 08-112 Wiśniew, www.dwormoscibrody.pl)



„Stara Wozownia” restaurant in the Palace in Mała Wieś

„Stara Wozownia” restaurant located in the Palace in Mała Wieś

The restaurant is hosted in the historic building where in 1864 a coach house was situated. The restaurant’s chef, Sebastian Olma, the winner of the Top Chef TV programme, bases his cuisine on local ingredients originating from the Grójec fruit-growing area.

(Mała Wieś 40, 05-622 Belsk Duży, <https://palacmalawies.pl>)



„Gąsiorówka” inn in Młyn Gąsiorowo

„Gąsiorówka” inn in Młyn Gąsiorowo

Awarded the prestigious „Perła 2012” and „Perła 2014” awards for the best traditional and regional Polish dish, the inn’s location is in an authentic former miller’s homestead. Here you can relish not only regional Masovian cuisine, but also classic Polish and Old Polish dishes.

(Gąsiorowo 25, 06-150 Świercze, www.mlyn-gasiorow)

"Restauracja Domaniowska" in the Domanowski Palace in Konary

A fusion of traditional and modern tastes in a palace located on the shore of the Domanowski Water Reservoir. *(Konary 8, 26-432 Wieniawa, www.palacdomaniowski.pl)*



Restauracja Domaniowska

"Soplicówka" restaurant in Otwock

Home-made dishes in an atmospheric place, which specialises in stuffed dumplings. *(ul. Narutowicza 47, Otwock - Śródborów, www.soplicowka.pl)*



"Soplicówka" restaurant in Otwock

"Browar Tumski" in Płock

Run by enthusiasts of brewing, this restaurant, besides beer, which has been brewed here since 2008, serves also, among other things, traditional Polish dishes.

(Stary Rynek 13, 09-400 Płock, www.browartumski.pl)



Browar Tumski (Tumski Brewery) in Płock

"Kurpiowski Zakątek" in Myszyniec

Located in the very heart of the Kurpie region, the restaurant is the substance of the Kurpie style. Here you can taste traditional regional dishes as well as delicious meals made of wild game from the surrounding forests. Also a museum and a gallery of folk crafts await the guests. *(ul. Dzieci Polskich 2, 07-430 Myszyniec, www.kurpiowskizakatek.pl)*

"Złoty Lin" restaurant in Wierzbica near Serock

A perfect restaurant serving fish by the Narew River. Here you can taste exquisite tench, zander and Mazuria perch. The restaurant specialises in fish baked in sour cream. *(Wierzbica 9, 05-140 Serock, www.zlotylin.pl)*



"Złoty Lin" restaurant in Wierzbica near Serock



BoniFaCio Spa & Sport Resort

Restaurant at the BoniFaCio Spa & Sport Resort Hotel in Kępa

It offers a wonderful menu prepared on the basis of traditional recipes and it is based on local products: meat, fish, fruit and vegetables from ecological farming, forest mushrooms and fresh herbs. A breath of culinary luxury served in the scenic ice-marginal valley of the Wkra River. *(Kępa 84, 09-110 Sochocin, www.hotelbonifacio.pl)*



"Złoty Okoń" restaurant in Serock

"Złoty Okoń" restaurant in Serock

As the name itself ("The Golden Perch" in English) suggests, it specialises in fish, which are prepared in various ways as appetisers, soups and main courses. Not only the restaurant, but also the fishmonger's that was established next to it already in the 1980s, are famous in the area. *(ul. Warszawska 49, 05-140 Serock, www.zlotyokon.pl)*



Oberża pod Czerwonym Wieprzem

"Oberża pod Czerwonym wieprzem"

An unusual restaurant taking its guests to the atmosphere of Warsaw from the times of the Polish People's Republic and meetings of prominent dignitaries of the so-called Eastern Bloc. It is located in a historically preserved, socialist realist pavilion of the "Leipzig" type. The menu includes traditional Polish cuisine and dishes typical of a bygone era. *(ul. Żelazna 68, 00-866 Warsaw, www.folkczerwonywieprz.pl)*

Restaurants in the Polonia House in Pułtusk

Situated in the historic interiors of the 15th-century castle, the "Karmazynowa", "Turkusowa" and "Pod Żółtym Jeleniem" restaurants serve delicacies of exquisite Polish cuisine. Also cafés and a night club await guests in this location as well as the open-air "Ogródek przy Kasztelance", "Tawerna" and "Gospoda na Cyplu". *(ul. Szkolna 11, 06-100 Pułtusk, www.zamekpultusk.pl)*



„Karmazynowa” restaurant

More information at: mazowsze.travel/gdzie-zjesc

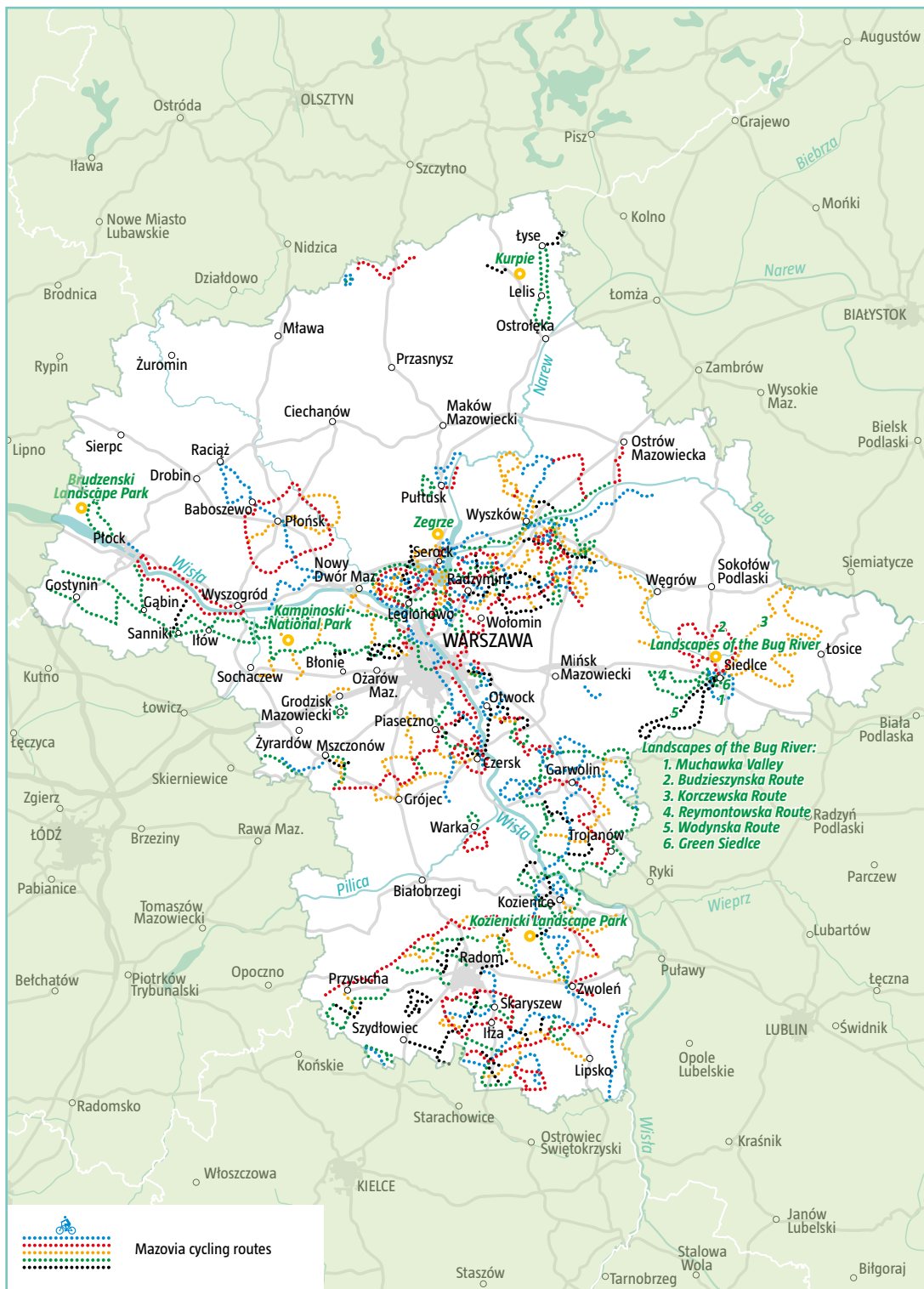
ACTIVE MASOVIA



Bicycle, water and horse trails

#6

10





Mazovia cycling routes

ON TWO WHEELS – THE MOST INTERESTING PLACES TO PRACTISE BICYCLE TOURING IN MASOVIA

KOZIENICE VIRGIN FOREST

Over 350 km of bicycle trails that run across the primeval virgin forest. Rich forest terrains and diversification of routes in terms of natural and historical values are the main bicycle assets of the Koziénice Landscape Park and its surroundings. Following the trail by bike, you can discover the beauty of the Middle Vistula River Valley, the Radomka River and the Zagożdżonka River Valleys as well as the Opatowice and Koziénice Lakes, get to know the rich world of plants and animals of the local nature preserves, and rest in the Koziénice summer resorts: Garbatka and Jedlnik. Detailed information can be found at the website of the Koziénice Landscape Park: <http://parkiotwoc.pl/kozienicki-park-krajobrazowy>.

THE ENVIRONS OF PŁOCK

Dream place for bicycle trips: the Switzerland of Masovia with the Skrwa Prawa River Valley and the Brudzeń Landscape Park. Its diversified topographical relief is a peculiarity in the flat and low-land Masovia. The scenic views of the area are the main reason for its attractiveness – of the meandering Skrwa, surrounding fields, meadows and forests – stretching out from the high banks along which the river runs its course. However, the landscape is not that there is to offer. The bicycle paths abound in interesting specimens of flora and fauna; the lovers of sacral and secular monuments won't be disappointed either. More details can be found at the website of the Brudzeń Landscape Park: www.parkiotwoc.pl/brudzenski-park-krajobrazowy.

THE KURPIE REGION

The northernmost edges of Masovia and the last remaining patches of the Green Virgin Forest are another proposition for the lovers of two wheels. Erstwhile, the Dukes of Masovia came here to hunt, today, it is best to roam these grounds by bike. The forest



Koziénice Virgin Forest



Brudzeń Landscape Park



Sikórz Nature Reserve, educational path in the Brudzeń Landscape Park



Puszcza Zielona

ACTIVE MASOVIA



Nagoszewo, Kurpie country cottage



Masovian Bug



Zegrze Lake



Zegrze Lake

(with an ancient coniferous forest, in which gigantic beehive pines live), river and rural (with traditional wooden buildings characteristic for the Kurpie region) landscapes are the greatest distinguishing feature of this area. You can find here many shorter and longer bicycle routes and the optimal starting point is Ostrołęka and its closest vicinity. It is especially worth recommending the 65 kilometres long ring: Zajazd Borowik – Lelis – Łyse – Zajazd Borowik, which allows you to relish a true atmosphere of the Kurpie region. To find other sources of inspiration, it's worth taking a look at the www.kurpiowskipark.pl website.

THE BUG RIVER LANDSCAPES

The Bug – the last river of its kind in Europe. Unregulated, creating scenic landscapes, rich in priceless natural and cultural heritage. Its wild character is its greatest distinguishing feature. In Masovia, the Bug River trails run in the vicinity of Siedlce, which are rightly called „the open gate to the Bug River Valley”. The prepared routes are diversified in terms of length, character and attractions that you pass as you go along. Among the latter creations of mother nature prevail, but also historic monuments are in no short supply. It is best to familiarise oneself with detailed information on the website of the Town of Siedlce: www.turystyka.siedlce.pl/trasy.

ZEGRZE

The Zegrze Lake is not only a paradise for sailors, anglers and lovers of windsurfing, wakeboarding and flyboarding, but also a paradise for cyclists. Numerous bicycle routes and paths marked out both around the Lake itself and in its closest vicinity have been attracting the lovers of two wheels for years. You can ride a bike by the Vistula and Narew Rivers as well as by the Lake itself, at the same time getting to know more or less well-known towns and villages, which often hide treasures of sacral and secular architecture. It is worth visiting the www.jezioro.zegrzynskie.pl/pl/pk/szlaki-rowe-rowe website and choosing one of the recommended routes.

Bicycle trips can be easily combined with cruises on the ships of Żegluga Mazowiecka. Every weekend and public holidays there are

organized river crossings from Arciechów to Serock and the village of Cupel. The Albatros catamaran cruises from the mouth of the Bug River to the Narew River, carried out by the Association for the Development and Promotion of the Zegrzyński Reservoir, have been very popular for several years now. They are an attraction primarily for tourists using the bicycle routes leading around the lake. More information about this offer can be found at www.jeziorozegrzynskie.info and www.zeglumamazowiecka.pl.



"Albatros" catamaran

MAZOWIECKI GRAVEL

Extremely attractive route of the ultramarathon, leading along natural passages, which can be used for individual expeditions, according to your needs and possibilities. It begins and ends in Warka, and all the 9 stages of the route form a 550-kilometer ring around Masovia.

1. Apple trees orchards and primeval forest: Warka - Modrzewina Nature Reserve - Osuchów - Stary Karolinów (80.4 km; the route is moderately difficult)
2. Picturesque landscapes and musical memories: Stary Karolinów - Sochaczew - Wyszogród (63.2 km; the route is moderately difficult)
3. Former royal cities in the river valleys: Wyszogród - Czerwińsk on the Vistula River - Raniewo - Ciechanów (84.9 km; the route is moderately difficult)
4. Romantic monuments: Ciechanów - Opinogóra - Różan (65.4 km; easy route)
5. Historical places and meadows by the Bug: Różan - Nagoszewo - Brok (46.6 km; the route is moderately difficult)
6. Refuge for plants and animals: Brok - Stara Wieś - Liw (47.4 km; medium-difficult route)
7. Forest nooks and the series adventure: liw - stare groszki - jerusalem (47.4 km; moderately difficult route)
8. Peat bogs full of life and archaeological treasures: Jeruzal - Lubice - Warszawice (49.6 km; easy route)
9. Sacred monuments and the Vistula River bank: Warszawice - Podgórze - Warka (38.7 km; the route is moderately difficult)



Apple trees orchards in Masovia



Sochaczew, the ruins of the Dukes of Masovia castle



Opinogóra, orangery located in the history palace and park complex

ACTIVE MASOVIA



Kampinos



Kampinos, bike ride



Brochów, the church of St. Roch and St. John the Baptist



Bicycle transport by train

KAMPINOS

This is the favourite place of the lovers of two wheels living in the Polish capital. Over 200 km of bicycle routes connect the most beautiful and most valuable spots in the Park. You can follow the Kampinos bicycle trail virtually all year round. It runs along forest paths, tarmac and dirt roads, and in some places even across sandy areas and marshy terrains. Diversity is a great asset of the routes, which – what is equally important – should not pose a problem in following them. Of course, under less favourable weather conditions some sections can be a challenge, but it is also something that cyclists seek. You can find detailed information at the Kampinos National Park website: www.kampinoski-pn.gov.pl.

BY TRAIN ON A BIKE RIDE

Six bicycle routes marked out along the Warsaw Commuter Railway (WKD) line are a proposition perfect for family trips, lasting several hours each, around Masovia. It is recommended especially to families with children, in view of its educational values.

1. **Green landscapes by the Utrata River** – 16 km / 28 km Route from WKD Otrębusy to WKD Komorów / WKD Pruszków (fragment of the Polish Tourist and Sightseeing Society blue trail)
2. **Small noble loop** – 15 km Ring around Grodzisk Mazowiecki
3. **From gardens to forests** – 9 km From WKD Podkowa Leśna Zachodnia to WKD Otrębusy (fragments of the Polish Tourist and Sightseeing Society yellow and green trail)
4. **Masovian poetry** – 28 km WKD Podkowa Leśna Główna – Błonie – WKD Podkowa Leśna Zachód (fragment of the Warsaw Tourist Ring Road, red trail)
5. **Great noble ring** – 26 km WKD Grodzisk Mazowiecki Radońska – Izdebnio Kościelne – WKD Grodzisk Mazowiecki Radońska
6. **The jewels of Milanówek** – 10 km WKD Milanówek Grudów – Milanówek Centrum Miasta – WKD Milanówek Grudów



ACTIVE MASOVIA

ALONG WITH THE CURRENT OF THE MASOVIAN RIVERS



Jeziorka, www.kajakigorakalwaria.pl



Jeziorka, www.kajaki-piaseczno.pl



Liwiec, www.przystanliwiec.pl



Liwiec, www.kajakiugrzeka.pl

THE JEZIORKA RIVER

A little over 60 km long, typical lowland river, perfect for family canoeing trips. In its upper parts, up to Piaseczno, the river is almost wild - it flows through a narrow ravine covered with greenery, meanders strongly, is surrounded by meadows, wet-lands and thickets, making it an excellent habitat for beavers, otters and various species of birds. In the last section from Piaseczno to Konstancin-Jeziorna, it already has an artificial, wide bed, and its shores are developed with villas.

For whom: for families with children and beginner canoeists.

Nature of canoeing: easy, although at some points you may need to carry your canoe (fallen trees, boughs and shoals under water).

Recommended routes of canoeing trips, each several hours long: Przejńczyce - Łoś, Łoś - Piaseczno, Piaseczno - Konstancin-Jeziorna.

River berths: Gościńiec, Prażmów, Zawodne, Łoś, Piaseczno, Żabieniec, Konstancin-Jeziorna.

Recommended marinas, organizers of canoeing rallies and equipment rentals:

www.kajakigorakalwaria.pl

www.kajaki-piaseczno.pl

www.kajakwstolicy.pl

Main attractions: the nature reserve „Skarpa Jeziorki”, Natura 2000 „Ponds in Żabieniec” near Piaseczno, Konstancin-Jeziorna (Spring Park with a graduation tower, pre-war villas and palaces, the Stefan Żeromski Memorial House), bicycle paths of the Jeziorka Land.

THE LIWIEC RIVER

One of the most beautiful rivers in Masovia, with its original character preserved and valuable landscape assets. The main advantages of this river are sandy bottom, shallow bed, calm, meandering stream and low banks with small beaches.

For whom: for families with children and novice canoeists.

Nature of canoeing: easy, undemanding.

Recommended routes of canoeing trips, each several hours long: Wyszków (village) – Węgrów (19.8 km), Węgrów – Kalinowiec (21.9 km), Kalinowiec – Zawiszyn near Łochów (18.9 km), Zawiszyn near Łochów – Kamieńczyk near Wyszków (18.2 km).

River berths: Liw, Węgrów, Starawieś, Paplin, Łochów, Barchów, Urle, Nadliwie, Kamieńczyk.

Main attractions: Baroque Church in Wyszaków, Castle of the Dukes of Masovia with the Armoury Museum in Liw, Basilica in Węgrów with the famous Twardowski's mirror, Łochów Palace and Grange, Historical and Ethnographic Museum in Kamieńczyk, Liwiec.

Recommended marinas, organizers of canoeing rallies and equipment rentals:

www.liwiec.com

www.kamyk-kajaki.pl

www.kajakiliwiecibug.pl

www.kajakiugrzeska.pl

THE NAREW RIVER

Calm river, which runs through a network of branched and confluent beds, mostly preserving its natural character. It runs through Masovian towns and villages, giving you a unique chance to get to know the folklore of the Kurpie region.

For whom: for families with children and novice canoeists.

Nature of canoeing: easy, undemanding.

Route of a week long canoeing trip along the Masovian section of the Narew: Nowogród – Serock (141 km), suggested canoeing trip of several hours: Dębe – Stare Orzechowo – Modlin Fortress (19 km).

River berths: Ostrołęka, Różan, Lubiel Nowy, Pułtusk, Serock.

Recommended marinas, organizers of canoeing rallies and equipment rentals:

- www.mosir.ostroleka.pl
- www.domekletniskowy24.pl
- www.facebook.com/przystanpultusk
- www.zamekpultusk.pl
- www.twierdzamodlin.com
- www.rzekami.pl
- www.bobrowydwor.pl
- www.bajdarka.pl
- www.kajak24.pl
- www.kajaki-dylewski.pl



Liwiec, www.kajakiugrzeska.pl



Narew, sailing



Narew, www.bajdarka.pl



Narew near Różan

ACTIVE MASOVIA



Narew, www.kajaki-dylewski.pl



Omulew



Omulew, kayaking



Omulew, kayaking

Main attractions: Ostrołęka (17th-century Churches under the Invocation of St. Anthony of Padua with Bernardine monastery complex and under the Invocation of the Visitation of the BVM and St. Nicholas the bishop, Monument – mausoleum of the soldiers fallen in the battle of Ostrołęka, Museum of the Kurpie Culture), Pułtusk (the longest cobbled market square in Europe, Polonia House in the historic Castle of the Bishops of Płock, Collegiate Church under the Invocation of the Annunciation of the BVM with its famous Pułtusk vaulting, Regional Museum situated in the Gothic-Renaissance tower of the former Town Hall, 16th- and 17th-century churches: under the Invocation of the Holy Cross, under the Invocation of Sts. Peter and Paul), the Zegrze Lake, Modlin Fortress.

Other: the river is perfect for rafting

- EVERAL pontoon base
Błędowo 30B, 05-180 Pomiechówek
phone +48 503 81 71 71, www.rzekami.pl

THE OMULEW RIVER

One of the most beautiful rivers of the Kurpie Plain. Peaceful and extremely picturesque, it is protected as the Natura 2000 area along its entire length. It flows through Masovia mainly among meadows and pastures. It is a strongly meandering river, which only adds to its charm. Its advantage is the calm current and the sandy bottom.

For whom: for families with children and beginner canoeists.

Nature of canoeing: easy, although at some points you may need to carry your canoe (logs, beaver dams).

Recommended short kayaking routes: Michałowo - Długie, Długie - Oborczyńska, Brodowe Łąki - Czarnotrzew, Przysań - Ostrołęka.

River berths: Michałowo, Długie, Brodowe Łąki, Oborczyńska, Czarnotrzew, Przysań, Kruki, Ostrołęka.

Recommended marinas, organizers of canoeing rallies and equipment rentals:

- www.bobrowydwor.pl
- www.kajakiolsztyn.pl
- www.kurpiowskipark.pl
- www.facebook.com/kajakiempoOmulwi

Main attractions: the Kurpiowska Primeval Forest with a sanctuary of over 100 species of birds, the 19th-century wooden church of st.

Nicholas the Archangel in the village of Brodowe Łąki, a water mill in Czarnotrzew, the Bourbons' manor in Przysań, the tomb of General Kicki in Kruki, Ostrołęka (17th-century churches of St. Anthony of Padua with the monastery complex of Bernardines and of the Visitation of the Blessed Virgin Mary and St. Nicholas the Bishop, Monument - mausoleum of soldiers killed in the Battle of Ostrołęka, Museum of Kurpie Culture).

THE PILICA RIVER

Typical lowland river characterised by calm stream and very wide bed (in places of up to 300 m!). The towns and villages with their numerous monuments you will pass along the way are located on its high left bank. The right bank is flat with a wide strip of meadows and pastures.

For whom: for novice canoeists and families with children.

Nature of canoeing: easy, very slightly demanding.

Recommended route of a 3-day canoeing trip: Nowe Miasto nad Pilicą – Mniszew (79 km), suggested shorter routes: Biała Góra – Warka (10 km), Budy Michałowskie – Warka (16 km), Białobrzegi – Warka (29 km).

River berths: Tomczyce, Osuchów, Białobrzegi, Brzeźce, Warka.

Recommended marinas, organizers of canoeing rallies and equipment rentals

- www.splywy-radomka.pl
- www.kajaczek.pl
- www.kajakpatrol.pl
- www.kajakwstolicy.pl
- www.splywy.kajakowe.org
- www.dworeknadpilica.pl
- www.przystan-nawiniarach.pl
- www.pilicowo.pl

Main attractions: „The Pilica and Drzewiczka River Valleys” Landscape Protection Area, nature preserves: „Sokół”, „Majdan”, „Tomczyce” and „Dąbrowa Radziejowska”, numerous monuments, among others: Nowe Miasto nad Pilicą (Baroque Capuchin monastery complex, late Baroque palace with a park complex), park and palace complex in Gostomia, Church in Białobrzegi with a free-standing bell tower from the 18th century, Warka (with its famous historic brewery, classicist Town



Pilica, www.pilicowo.pl



Pilica from the air



Pilica, www.kajakpatrol.pl



Pilica, www.kajakpatrol.pl

ACTIVE MASOVIA



Skrwa Lewa



Lucień Lake



The Vistula river with Warsaw in the background



The Vistula river in Warsaw, www.kajakwstolicy.pl

Hall, Church under the Invocation of St. Nicholas, post-Franciscan monastery complex and K. Pułaski Museum), open-air military museum in Mniszew.

THE SKRWA LEWA RIVER

The most interesting in its lower section, where it meanders through the forests of Gostynin. Its attractiveness is mainly due to kilometres of green tunnels created by trees overhanging the water table and its changeability – it can change from a calm river to a mountain torrent. It is highly demanding, full of obstacles and very changeable.

For whom: experienced canoeists.

Nature of canoeing: difficult and highly demanding.

Recommended route of a canoeing trip of several hours: Gostynin – Włocławek Lake (23 km).

Recommended marinas, organizers of canoeing rallies and equipment rentals:

www.motoprzystan.pl

Main attractions: Gostynin Castle (currently a hotel), "Dybanka" esker (also called the Gostynin Esker) – the biggest one in Poland, Lucień Lake, Gostynin-Włocławek Landscape Park.

THE VISTULA RIVER

Queen of Polish rivers, the length of which exceeds 1000 km. It is still wild and unregulated in many places, and its nature changes as the kilometers go by. Very wide and deep in places, it flows its waters calmly, only to become unpredictable elsewhere. Its current is diversified by numerous sandbanks, clumps and oxbow lakes. The water level in the river changes with the weather fluctuations. In the vicinity of Płock, on a section of approx. 60 km, the Vistula has a completely different face, because here its waters have been dammed up by the dam in Włocławek.

The Vistula trail within the borders of the Masovian Voivodeship counts over 320 km. You can go down the Vistula using the section from Dęblin to the Włocławski Reservoir behind Płock, organizing short trips (10-13 km / 2-3 hours), full-day (20-40 km / 4-8 hours) or several-day (50-70 km / 1-2 days, 80-120 km / 3-4 days) trips.

For whom: experienced canoeists.

Nature of canoeing: difficult.

Sample routes:

1. within the limits of Warsaw: Wawer - Młociny
2. in Masovia:
 - 1-day trips: Góra Mniszew - Góra Kalwaria, Góra Kalwaria - Warsaw, Karczew - Warsaw, Warsaw - Modlin Fortress, Modlin Fortress - Wyszogród, Wyszogród - Płock
 - 2-day trips: Kłoda - Góra Kalwaria, Warsaw - Wyszogród
 - 3-5-day trips: Dęblin - Warsaw, Warsaw - Płock

Recommended marinas:

- www.dzielnicawisla.um.warszawa.pl
- www.morka-plock.pl
- www.facebook.com/ZgierskiKlub/
- www.kajakajak.pl
- www.kajaki-dylewski.pl
- www.kajakwstolicy.pl
- www.splywykajakowe.org
- www.kajaki-wisla.pl

Main attractions: the ruins of the castle in Czersk, Warsaw (the panorama of the capital from the river is primarily the Na-tional Stadium, sandy beaches, Vistula Boulevards, the Old Town, numerous church towers, modern office buildings, the Citadel), Modlin Fortress, Romanesque basilica in Czerwińsk, bridge in Wyszogród (the longest in Europe), Płock (the Tumskie Hill looks beautiful from the water), the Włocławski Reservoir.

THE WKRA RIVER

Typical lowland river. In Masovia, its waters run among fields and meadows of the local towns and villages. Downriver, it is shallow, and its bottom is sandy. The width of its bed reaches 20 m.

For whom: for more and less experienced canoeists.

Nature of canoeing: relatively easy, mildly demanding, pontoon trips are also available.

Recommended route of a 2-day canoeing trip: Joniec – Nowy Dwór Mazowiecki (31 km), with a possibility of extending the trip to Modlin (5-kilometre section of the Narew River).

River berths: Joniec, Popielżyn Górny, Borkowo, Śniadówko, Pomiechówek.



The Vistula river in Warsaw



The Vistula river , www.kajaki-dylewski.pl



Wkra, www.kaja-sobieski.pl



Wkra, www.rzekami.pl

ACTIVE MASOVIA



Wkra, www.rzekami.pl, www.everal.pl



Wkra, www.kajaki-dylewski.pl



The Włocławek Reservoir, sailing,
photo: YACHT CLUB ANWIL Association



The Zegrzyński Reservoir, marina

Recommended marinas, organizers of canoeing rallies and equipment rentals

- www.rzekami.pl
- www.bobrowydwor.pl
- www.przystan.ekoturyzm.pl
- www.splywwkra.pl
- www.kajaki-dylewski.pl
- www.kaja-sobieski.pl

Main attractions: Gothic-Renaissance Church of St. Dorothy in Cieksyn, The Wkra River Valley Nature Preserve – perhaps the most beautiful, water-gap section of the river in the Pomiechów Forests, Church under the Invocation of St. Anne in Pomiechów. More information at the website of the „Nasza Wkra” Association: www.nasza-wkra.pl.

RELAX BY THE WATER

The location of Masovia is conducive to relaxation by the water, and the largest water reservoirs provide excellent recreational facilities for residents and tourists in the region.

Located in the Gostynin Lake District, the **Włocławek Reservoir** is the largest water reservoir in Poland in terms of its surface area. It was created as a result of damming the waters of the Vistula in connection with the construction of a dam in Włocławek. It stretches from Włocławek, already located in the Kuyavian-Pomeranian Voivodeship, to Płock, on the middle course of the Vistula River. The most important tourist destination in the Masovian Voivodeship is Nowy Duninów, where you will find a port. The reservoir is especially appreciated by sailors. Here are organized, among others Long-distance Polish Championship for Cabin Yachts AnwilCup, regattas for the Duninów Commune Head's Cup, regattas for the Blue Ribbon of the Włocławek Reservoir and Ioners regattas. There are recreational beaches in Soczewka and Murzynowo.

Nevertheless, the **Zegrzyński Reservoir**, located almost on the outskirts of Warsaw, was created from the damming of the waters of the Narew and Bug by the dam in Dębe. This is where the Żerański

ACTIVE MASOVIA

Canal flows, connecting the shipping routes of the Vistula, Bug and Narew. Zegrze can boast a perfectly prepared infrastructure not only for water sports, but also for recreational activities. On the developed shores there are sandy beaches with playgrounds for children, in the summer season there are bathing areas (including in Nieporęt, Serock and Wieliszew), water sports centres and water equipment rentals that allow you to practice sailing, canoeing, windsurfing or diving. Nearby, there are numerous holiday centres with a rich accommodation, catering, shopping and entertainment base. More information can be found at: www.jezioro.zegrzynskie.pl

The industrial capital of Masovia, Żyrardów, can also be proud of a sandy beach with a bathing area. Lovers of sunbathing and those who prefer to spend their time actively can relax at the Żyrardów Reservoir located in this area. Beach-goers have the following attractions at their disposal: a beautifully landscaped extensive beach with reed umbrellas, a grassy area with hammocks and wooden gazebos, a pier, an observation deck, a gastronomic point, as well as multifunctional sand pitches, a playground, an outdoor gym and a water equipment rental. Admission is free, there is a public car park in front of the entrance, and everything still smells quite new, as the bathing beach was put into use in 2018.

Also called the Domaniewski Sea, the **Domaniewski Reservoir** is a huge artificial backwater of a small river Radomka. Located approx. 20 km west of Radom, it is a great place for water sports and relaxation. Marina Domaniewska operating at the reservoir, where you can, among others, rent water equipment. The reservoir offers ideal conditions for canoeing, sailing and fishing enthusiasts. You can also go windsurfing and wakeboarding. Sandy beaches, where guarded bathing areas are organized in the summer season, are located in Wólka Domaniewska and on the Kalenia side.

Created in the oxbow of the Liwiec River, **Węgrowski Reservoir** is a perfect idea for a family holiday away from the crowds. Undoubtedly, more intimate than the previously described places, it offers no less attractions. There is a developed beach, a playground for children, a water equipment rental, piers and fishing stands, as well as bicycle paths surrounding the reservoir. Team sports enthusiasts can play beach volleyball and even play basketball.



The Zegrzyński Reservoir



The Zegrzyński Reservoir, port



The Domaniewski Reservoir, photo: the Departments of Promotion and Culture of the Powiat Staroste Office in Przysusze



The Węgrowski Reservoir, photo: the Municipal Office in Węgrowo



STĘPEM, KŁUSEM, WIERZCHEM, W SIODLE

Masovia can be called an equestrian heartland, there is no two ways about that. The Warsaw and Masovia Equestrian Association itself associates over 100 clubs. Also many holiday farms, stables and stud farms create an offer attractive to the lovers of horse riding. Thus, everybody can find something suitable for themselves, irrespective of age, experience and motivation.

CHOSEN CENTRES WITHIN THE WARSAW AND MASOVIA EQUESTRIAN ASSOCIATION

Huzar Horse Riding Club – professional horse riding school situated in the Bolimów Landscape Park. Team of experienced instructors and perfectly trained horses guarantee high quality of services. Rich offer directed to children and teenagers as well as to adults. Besides trainings, the club organises, among other things, summer and winter camps, coaching and painting workshops.
Józefów 11, 96-315 Wiskitki, phone +48 510 029 179,
e-mail: biuro@kjhuzar.pl, www.kjhuzar.pl



Huzar Horse Riding Club

Goldenhorse Horse Riding Centre – located only 25 km from Warsaw, in the buffer zone of the Chojnów Landscape Park, it has been operating for 15 years. There is a sports club and a horse boarding facility, and the offer includes, among other things, professional trainings for horses and riders, lodging, and self-development workshops. For several years the centre has been successfully organising "Golden Horse Dressage Cup" – a well-known and popular cycle of dressage competitions.

ul. Lipowa 13, 05-505 Koryta,
phone +48 + 48 501 625 430, +48 502 545 575,
e-mail: biuro@goldenhorse.com.pl, www.goldenhorse.com.pl



Huzar Horse Riding Club

Łąck Stud Farm – attractive horse riding offer, nearly 100 years of experience, and all that in a complex of historic buildings located by an artificial lake, surrounded by forests. There are stables, a coach house with a collection of horse-drawn vehicles as well as hotel rooms.

ul. Płocka 12, 09-520 Łąck, phone +48 24 262 98 97,
e-mail: sekretariat@stadoogierow.pl, www.stadoogierow.pl



Łąck Stud Farm, horse paddock

ACTIVE MASOVIA



The Sielanka Farm Horse Riding Centre

The Sielanka Farm Horse Riding Centre – a place by the Pilica River where the love for horses, spirit of competition and sensitivity to the beauty of nature interpermeate. The offer includes, among other things: horse riding for the whole family, horse boarding facilities as well as accommodation in a luxurious hotel with many attractions.

ul. Łąkowa 1, 05-660 Warka, phone +48 48 666 16 00,
e-mail: hotel@sielanka.pl, www.sielanka.pl



"Manor House" Stud Farm

"Manor House" Stud Farm by the Odrowąż Palace – perfectly prepared stable with rich sports and leisure facilities. Its attractiveness is attested to not only by the rich equestrian offer and experienced staff, but also by its very location on the premises of the Manor House estate with the 16th-century Odrowąż Palace, 19th-century Platera Stable and new, yet stylised, buildings – Castle Thermal Baths.

Hotel Manor House SPA**** – Pałac Odrowążów****,
ul. Czachowskiego 56, 26-510 Chlewiska koło Szydłowca,
phone +48 509 150 761,
e-mail: chlewiska@manorhouse.pl, www.manorhouse.pl



"Manor House" Stud Farm

You can find more information on the website of the Association:
www.wmzj.waw.pl

More suggestions to be found at: www.mazowsze.travel

CLOSER TO NATURE

Natural attractions of Masovia

#7

10



KAMPINOS NATIONAL PARK – THE GREEN LUNGS OF WARSAW

Absolutely unique on a global scale, one of the most beautiful areas of Poland in terms of landscape. For sure, everybody knows that is a UNESCO World Biosphere Reserve, with a complex of inland dunes that are unique on a European scale. However, not all realise that it is one of very few parks in the world that fringe upon a national capital. Yet these are not all of its assets. Beautiful landscapes, more than a dozen thousand animal species for the asking, and in the background – important historic events, monuments and cultural attractions. It all makes Kampinos a perfect place for an active holiday in the bosom of nature. It is also a paradise for the lovers of photography, since the nature has created amazing landscapes in here. For a few hours, for one day, for a weekend and for longer. The attractions that await tourists here include:

- hundreds of kilometres of foot and bicycle tourist trails, perfect also for strolling, horse riding and in winter – for cross-country skiing,
- thematic trails and educational paths, e.g. The Trail of the Menonites of the Kampinos,
- well-developed glades, where you can take a rest,
- diversified accommodation and catering facilities within the park itself and its vicinity,
- Additional attractions: the Birthplace of F. Chopin in Żelazowa Wola, St. Rocco's Church in Brochów – the most interesting defensive church in Masovia, the place where Chopin's parents were wed and the composer himself was baptised, „Julinek” Amusement Park, Museum of the Narrow Gauge Railway in Sochaczew, Museum of the Sochaczew Land and the Battle of the Bzura River, Palmiry Museum – Memorial Site – a Branch of the Museum of Warsaw.

You can find more information at the website of the park:
www.kampinoski-pn.gov.pl

KOZIENICE LANDSCAPE PARK – WITHIN THE KOZIENICE VIRGIN FOREST

One of the five parks of the Masovian Landscape Park Complex. Not many such areas have survived in Poland. Upon crossing its border, you can feel as if you were entering a primeval forest. How



Kampinos National Park



Kampinos National Park, black woodpecker



Żelazowa Wola



Palmiry Museum – Memorial Site



Kozienice Landscape Park



Kozienice Landscape Park



The Bug River Valley



The Bug River Valley, whooper swan

to make the best of your time here? There are plenty of possibilities:

- active holiday: on foot, by bike, along numerous foot and bicycle trails,
- educational holiday: the „Izba Dydaktyczna” Education and Museum Centre in Augustów invites you to participate in exhibitions and classes, also the network of didactic paths,
- sightseeing holiday: getting to know the surroundings and interesting monuments, e.g. the oldest secular monument in Poland, situated in the park of the palace complex in Kozienice and the Regional Museum of prof. Tomasz Mikocki in Kozienice, with an archaeological exhibition and an art gallery.

Detailed information can be found at the website of the park:

<http://parkiotwock.pl/kozienicki-park-krajobrazowy>

THE BUG RIVER VALLEY – THE ONLY SUCH PLACE IN EUROPE

The Bug delights with its primeval nature, the richness of its melting pot of cultures and religions of the Polish-Ruthenian ethnic borderland. The most well-known locations by the Bug River: Serpelice with Kalwaria Podlaska situated upon a hill in the local forests, Zabuże, Brok located upon a picturesque riverbank, Kamieńczyk or Wyszaków enjoy unwavering popularity among tourists who seek true contact with nature.

- the summer resorts by the Bug River with bathing beaches and amazing tourist facilities are a perfect place for a holiday in the bosom of nature, in peace and quiet,
- the unique natural environment, protected in, among other things, two landscape parks: Podlasie Water Gap of the Bug River and The Bug River Landscape Park,
- the river itself – its winding stream with rich natural vegetation – is an attraction on its own, and sunsets over the Bug, accompanied by storks' bill-clattering leave an indelible impression.

GOSTYNIN LAKE DISTRICT – THE MAZURIA OF MASOVIA

Even though Masovia is not readily associated with lakes, within its borders and in the neighbouring Kuyavian-Pomeranian Voivodeship there lies the biggest body of water in terms of surface – the Włocławek Lake. Near the historic capital of Poland, i.e. Płock, on the left bank of the Vistula

River, stretches the only fragment of glacial landscape with enchanting lakes in the region. There are jointly ca. 40 lakes, which often hide somewhere among the pine forests of the old Gostynin Virgin Forest and many of them have bathing beaches perfect for summer rest by the water.

Why is it worth coming here? There are at least several reasons:

- the biggest and the most popular lakes: Lucień, Zadworskie, Soczewka and Białe (the latter, in view of its depth, which in many places exceeds 30 m, is famous among the lovers of diving) tempt tourists with perfect tourist facilities and, at the same time, cleanliness, peace and quiet as well as lack of crowds,
- two landscape parks: Brudzeń and Gostynin-Włocławek constitute a great base of foot and bicycle trails, perfect for excursions and sightseeing tours,
- Włocławek Lake with the port in Nowy Duninów – the biggest body of water in terms of surface in Poland – tempts sailors and lovers of water holidays,
- the surrounding forests are a paradise for mushroom pickers, and the lakes – for anglers,
- the Skrwa Lewa and the Vistula create perfect conditions for canoeing trips
- Łąck Stud Farm tempts horse riding enthusiasts with a wide range of attractions and almost 100 years of history.

THE WKRA VALLEY PARK

The landscape nature reserve located in Pomiechówek combines the advantages of a picturesque river bank and a forest. Enthusiasts of outdoor activities have numerous cycling and hiking trails at their disposal.

Thanks to the open-air attractions available on site, there are many options of spending your time in nature:

- rope park with an obstacle course offering three levels of difficulty;
- 300 m long Tyrolean slide over the Wkra river;
- 10-meter climbing wall;
- a viewing and observation tower that allows tourists to admire the landscape of the Park from an altitude of 15 m;
- a stroll among the treetops over rope bridges hanging even at a height of 6.8 m above the ground.

More information can be found on the park's website www.dolnawkry.pomiechówek.pl



Forests of the Gostynin - Włocławek area



Brudzeń Landscape Park



Skrwa Lewa



Lucień Lake

#8

10

WELCOME TO COUNTRYSIDE



THE MASOVIAN COUNTRYSIDE

Masovia is primarily rural, and the Masovian countryside is extremely atmospheric, rich and diverse. Just like its tourist offer. Out of the countless number of places, 20 outstanding objects were selected, scattered throughout the entire voivodeship, created by people with passion, thanks to which you may experience the most beautiful and precious aspects of the Masovian countryside: beautiful landscapes, valuable nature, unique skills, colourful stories, exceptional flavours.

The offer of individual facilities is very attractive and it is difficult to find the dominant distinguishing features. Nevertheless, the following division, along with the map presented in the following section, will certainly make it easier to find a place with an interesting offer.

BY THE WATER

Several farms located on the Masovian rivers: Wkra, Skrwa and Bugiem, whose offer is naturally dominated by the possibility of communing with nature, also through active leisure.

- **Osada Młynarza**, Radotki, www.osadamlynarza.pl
- **Dom nad Wierzbami**, Jackowo Dolne, www.domnadwierzbami.pl
- **Wypoczynek nad Bugiem**, Klepaczew, www.wypoczyneknadbugiem.pl



Dworek nad Wkrą

FOOD

Excellent cuisine is the hallmark of many Masovian farms. And it is not only about the served dishes, but also about local products, often home-made, on which the regional delicacies are based, and thematic workshops.

- **Latosowo**, Henrysin, www.latosowo.pl
- **Dwór Mościbrody**, Mościbrody, www.dwormoscibrody.pl
- **Winnica Dwórzno**, Dwórzno, www.winnica.dworzno.pl
- **Młyn Gąsiorowo**, Gąsiorowo, www.mlyn-gasiorowo.pl



Dwór Mościbrody



Latosowo



Zaścianek Manor House



Mitowska Zagroda



Mazowieckie Sioło Julianówka



Wioska pod Kogutem

PLACES WITH HISTORY

There are plenty of farms in Masovia created in historic buildings, which the current owners have given a cozy atmosphere and breathed new life into.

- **Siedlisko Leluja**, Wielgolas, www.facebook.com/SiedliskoLeluja
- **Dworek nad Wkrą**, Mostowa, www.dworeknadwkra.com
- **Dwór Zaścianek**, Borsuki, www.dworzascianek.pl

EDUCATION

There are many places in the Masovian countryside offering interesting workshops and educational activities addressed not only to the youngest. Some of them form part of the National Network of Educational Farms, others even house museums.

- **Mitowska Zagroda**, Seroczyn, www.facebook.com/mitowskazagroda
- **Mazowieckie Sioło Julianówka**, Julianów, www.julianowka.com.pl
- **Apisołtysówka**, Powązki, www.apisoltysovka.mazowsze.pl
- **Gościniec Wiecha**, Gościnna, [www.gosciniiec-wiecha.pl /bez noclegów/](http://www.gosciniiec-wiecha.pl/bez-noclegow/)
- **U Bursztyna**, Wach, www.kurpie.com.pl
- **Sielanka Raciąż**, Pólka-Raciąż, www.sielanka.com.pl

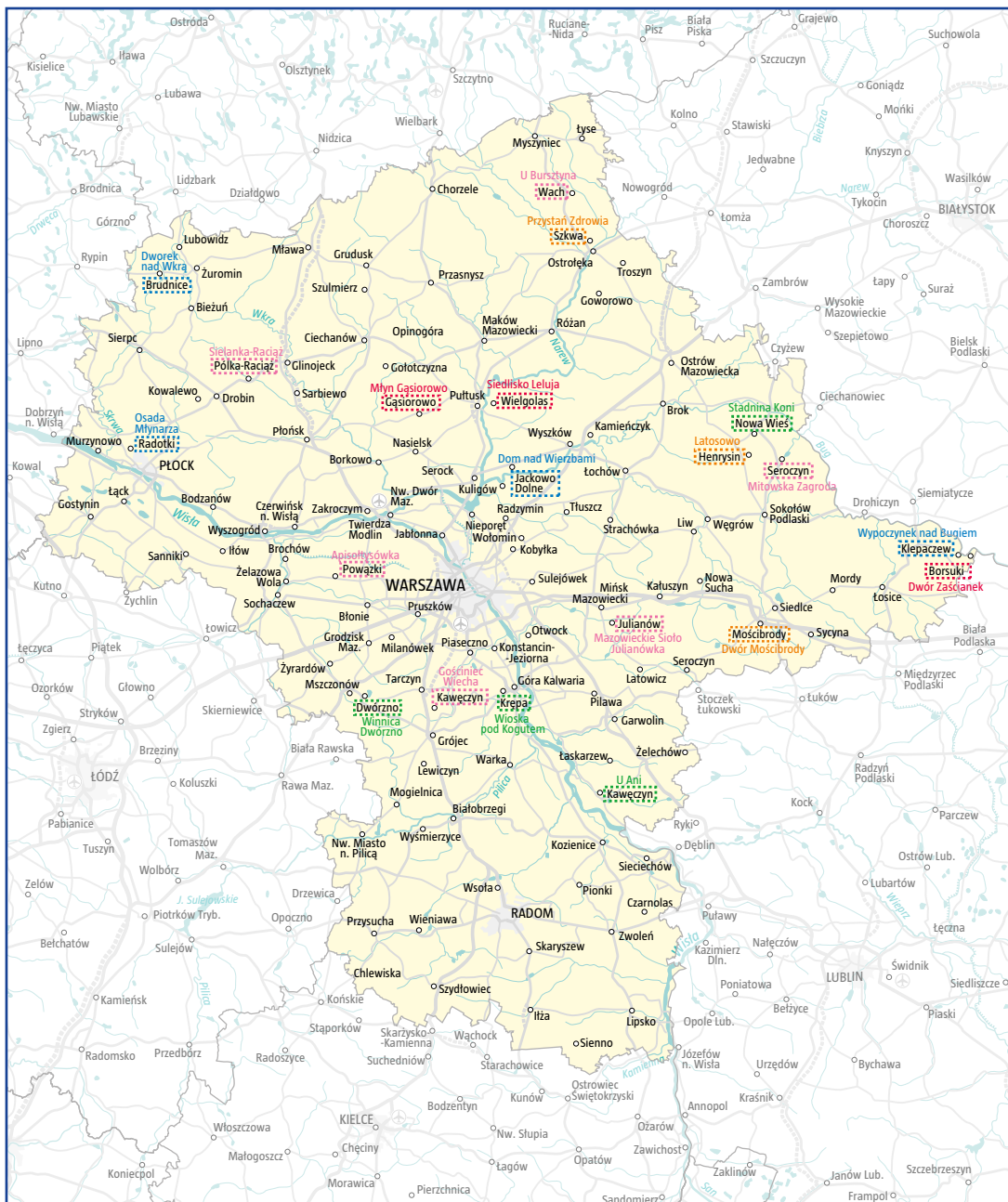
COUNTRY LIFE

Agritourism farms, whose offer is focused on the opportunity to experience life in the countryside.

- **U Ani**, Kawęczyn, www.agrokaweczyn.com
- **Wioska pod Kogutem**, Krępa, www.podkogutem.pl

Places without accommodation

- **Stadnina Koni w Nowej Wsi**, Nowa Wieś, www.stadninamazowsze.pl
- **Przystań Zdrowia**, Szkwa, www.agro-szkwa.pl



NAD WODĄ

Attractive agritourism farms located by Masovian rivers

KULINARIA

Attractive culinary agritourism farms in Masovia

HISTORIA

Attractive agritourism farms related to Masovian history

EDUKACJA

Villages offering interesting workshops and educational activities in Masovia

WIEJSKIE ŻYCIE

Selected agritourism farms in Masovia

#9

10

ETHNOGRAPHIC MASOVIA

Folklore



THE KURPIE REGION

One of the most interesting ethnographic groups in Poland, living in an amazingly rich land in terms of its natural and cultural values. It is situated on the northernmost edges of Masovia and encompasses the Green Virgin Forest north of the Narew River and the White Virgin Forest in the fork of the Bug and the Narew Rivers. A few centuries ago, it was created by people who were seeking refuge on the, at that time, uninhabited virgin forest territories. The name „Kurpie” comes from the shoes which they used to wear in the past and which were woven of bast and called „kurpie”. For a long time, they preferred for a long time to call themselves Puszczaki or „the Virgin Forest Dwellers”. Against the background of other ethnographic groups, the Kurpie people are distinguished by their sense of dignity, freedom and their unique folk art. They pass down their traditions and habits from generation to generation within their families. The symbols of their identity are their characteristic Kurpie cut-outs, among which the most well-known are: leluje (also called the trees of life), stars and zielki (plants). They cultivate their culture in many folkloric groups; yet another expression of their tradition is the Kurpie dialect.

The most important Kurpie attractions in Masovia:

- **Museum of the Kurpie Culture in Ostrołęka** – museum whose exposition is dedicated to the history and culture of the Kurpie people.
phone +48 29 764 54 43, www.muzeum.ostroleka.pl
- **Kurpie Homestead in Kadzidło** – a small open-air museum, Branch of the Museum of the Kurpie Culture.
ul. Trasa Mazurska 1b, 07-420 Kadzidło,
phone +48 29 761 82 00, www.muzeum.ostroleka.pl
- **The Kurpie Museum in Wach** – a private museum, in which over 6 thousand exhibits have been collected, which come from the Green Kurpie region and depict the old material culture of that land.
Wach 14, 07-420 Kadzidło, phone +48 607 676 356,
e-mail: kurpiewach@tlen.pl, www.kurpie.com.pl
- **Czarnia Nature Preserve** (the remnants of the Green Virgin Forest; a tourist trail of the „Kurpie wild beehives” has been marked out, along which you can admire unique beehive pines).

Famous Kurpie festivals:

- **Feather plucking in Lelisa,**
- **Palm Sunday in Łyse,**
- **Kurpie wedding in Kadzidło,**
- **Kurpie honey harvest near Myszyniec.**

You can find more information at the following websites:
www.kurpiowskipark.pl i www.kurpie.com.pl.



Kurpie Homestead in Kadzidło



Kurpie Homestead in Kadzidło



The Kurpie Museum in Wach

URZECZE

A little known ethnographic microregion that stretches on both sides of the Vistula River between the old estuaries of the Pilica and the Wilga Rivers and the southernmost borders of Warsaw. It encompasses the Vistulan parts of the following poviats: Otwocki, Garwoliński, Piaseczyński and the Capital City of Warsaw within the districts of Mokotów, Wilanów, Praga-Południe and Wawer.



Gassy, Flis Festival



Gassy, Flis Festival



Gassy, Flis Festival

Urzecze, also called Łurzyce, was connected with three cultural traditions: Mazurian (Masovian), bargee (connected with keelmen) and Dutch (characteristic of the Vistulan settlers from Friesland, Kuyavia and Pomerania). The shaping of its independent identity was influenced, above all, by its location by the Vistula River, which determined the directions of economic development (Vistulan trade, specialised fishery, melioration of the land, wicker products) as well as the settlement type (Dutch settlement).

Today, the culture of the Urzecze people manifests itself, for example, in folk costumes (the so-called Wilanów costume), cuisine (the most important Łurzyce dishes are: sytocha, potato dumplings called „przecieraki” or „klepoki” and soups: horseradish and beetroot borscht, śliwianka also called wiślanka and siuforek) and folk groups that cultivate the regional traditions. Two mass events are also extremely significant: the Flis Festiwal in Gassy near Konstancin and Pentecost in Urzecze – a river procession encompassing the territories of several Vistulan communes.

You can find detailed information about Urzecze at the website created by its enthusiasts: www.urzecze.pl

THE SONG AND DANCE ENSEMBLE "MAZOWSZE"

It is ranked among the greatest art ensembles in the world, which have national dances, songs, chants and customs presentations in their repertory. Associated primarily with the cultural richness of Masovia, the ensemble has also stage performances from 42 other ethnographic regions within their body of works.

It is one of the largest artistic groups in the world having in its repertoire national dances, songs, chants and demonstration of folk customs. It is mainly associated with the cultural wealth of Masovia, and its achievements include stage adaptations from 42 other ethnographic regions. „Mazowsze” was brought into existence in 1948. It owes its success mainly to Mira Zimińska-Sygietyńska, who after the death of her husband and the first director of the ensemble – Tadeusz Sygietyński – directed it until 1997. To its credit „Mazowsze” has over 2 million kilometres covered, nearly 20 million viewers and over 6.5 thousand live performances in hundreds of places in Poland and abroad. The ensemble is composed of a ballet, a choir and a symphonic orchestra.

Since the very beginning of its existence, the ensemble has had its seat in the Karolin historic palace in Otrębusy surrounded by a park of 13 hectares, in which there are also the Mazowsze Conference Centre and Mazowsze Old-Polish Inn. The palace has recently undergone a complete renovation. The rebuilt and modernized interiors house a modern Polish Folklore Education Centre. This is the place where you may get acquainted with the culture of Polish towns and villages, see, touch and experience the diversity and shades of folklore of individual regions, including Masovia, Silesia, Kujawy, Kashubia and Podhale.

Tadeusz Sygietyński National Folk Song and Dance Ensemble „MAZOWSZE” in Karolin,
ul. Świerkowa 2, 05-805 Otrębusy,
e-mail: sekretariat@mazowsze.waw.pl,
www.mazowsze.waw.pl



National Folk Song and Dance Ensemble „MAZOWSZE”



National Folk Song and Dance Ensemble „MAZOWSZE” photo: National Folk Song and Dance Ensemble „MAZOWSZE” Archive



Karolin Palace, the Seat of the National Folk Song and Dance Ensemble „MAZOWSZE”

MUSEUM OF THE MASOVIA COUNTRYSIDE IN SIERPIEC

One of the most important ethnographic museums on the map of Poland, it presents the Masovian countryside and its traditions from the turn of the 19th and 20th centuries.



The Museum of the Masovia Countryside in Sierpc



The Museum of the Masovia Countryside in Sierpc



The Museum of the Masovia Countryside in Sierpc

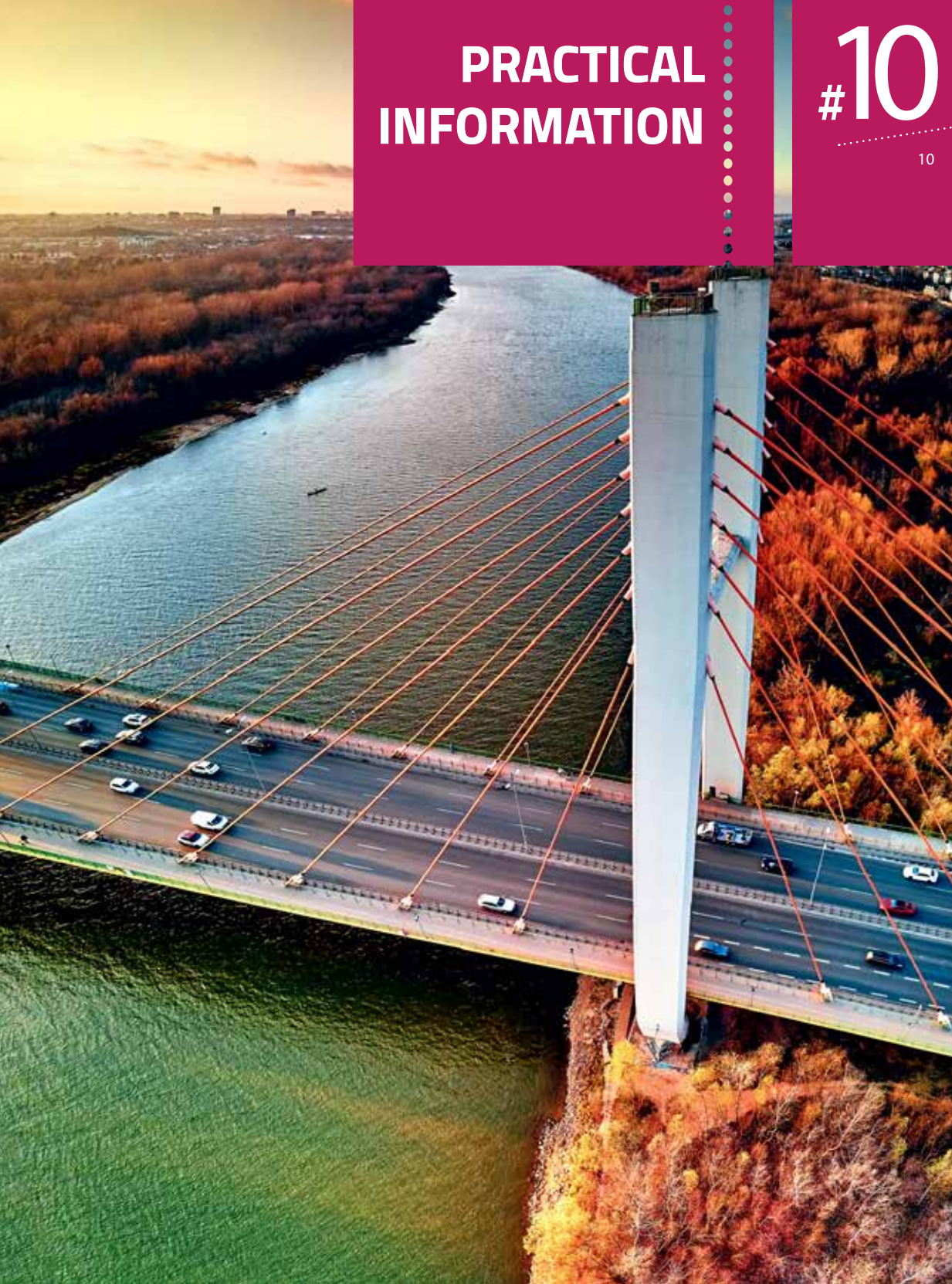
Hitherto typical for post-enfranchisement Mazovian village – linear village was recreated within the area of the open-air museum, which comprises 11 peasant homesteads from the north-western Masovia and a farmhouse from Rębów with a windmill. Interiors and micro-landscapes directly related to the areas from which specific farmhouses come were recreated with a great attention. The interiors of buildings are adapted to their functions and they change as the seasons of the year pass. The peasant houses are surrounded by vegetables, flower gardens and apiaries. What distinguishes the Sierpc open-air museum is the presence of animals. Many animals such as cows, goats, horses and chickens live here. All this gives the impression of a countryside teeming with life, thanks to which the museum was able to recreate and present the culture, traditions and rituals characteristic of the Masovian countryside in a natural way. Open-air events, workshops and shows are organized all year round. From May to September, you may have a chance to participate in the so-called „Sundays at the open-air museum” aimed at popularizing disappearing professions, folk costumes and the rural life of our ancestors.

ul. Narutowicza 64, 09-200 Sierpc,
phone +48 24 275 28 83,
e-mail: skansen@mwmskansen.pl,
www.mwmskansen.pl

PRACTICAL INFORMATION

#10

10



TOURIST INFORMATION

Centrum Warszawskiej Informacji Turystycznej Pałac Kultury i Nauki wejście od Emilii Plater

ul. Plac Defilad 1, 00-910 Warszawa
phone +48 503 033 720
info@go2warsaw.pl
warsawtour.pl

Warszawskie Centrum Informacji Turystycznej

ul. Plac Zamkowy 1/13, 00-267 Warszawa
phone +48 635 18 81
wcit@wcit.waw.pl
www.wcit.waw.pl

Stołeczne Biuro Turystyki, Punkt Informacji Turystycznej w Praskim Centrum Koneser

plac Konesera 2, 03-736 Warszawa
info@warsawtour.pl

Tourist Information Point

ul. Zamkowa 31, 09-500 Gostynin
phone +48 24 236 45 00
recepca@zamek-gostynin.pl
www.gostynin.pl

Tourist Information Point

ul. Ks. Zygmunta Sajny 1, 05-530 Góra Kalwaria
phone +48 508 679 366
cikit@gorakalwaria.pl
www.gorakalwaria.pl

Tourist Information Point of the Kozienice Com- munity Centre,

ul. Warszawska 29, 26-900 Kozienice
phone +48 48 611 07 50
pit@dkkozienice.pl
www.dkkozienice.pl

Tourist Information Point

ul. Warszawska 52, 96-320 Mszczonów
phone +48 46 857 87 81
info@weekendztermami.eu
www.weekendztermami.eu

Tourist Information Point

ul. Bałki Murmańskiej 164
05-160 Nowy Dwór Mazowiecki
phone +48 664 775 326
it@3rzeki.pl
www.3rzeki.pl

Tourist Information Point

ul. 3 Maja 68, 07-300 Ostrów Mazowiecka
phone +48 29 645 71 06
pit@powiatostrowmaz.pl
www.powiatostrowmaz.pl

Tourist Information Centre

ul. Stary Rynek 8, 09-400 Płock
phone +48 24 364 99 90, +48 24 367 19 44
biuro@turystykaplock.eu
www.turystykaplock.eu

Tourist Information Point in Pułtusk at the Regional Museum

ul. Rynek 43, 06-100 Pułtusk
phone +48 23 692 51 32
informacjaturystyczna@pultusk.pl
www.pultusk.pl

Tourist Information Centre (MOSiR)

pl. Dworcowy 2, 26-600 Radom
phone +48 48 360 06 10, +48 793 456 783
cit.radom@cit.radom.pl
www.cit.radom.pl

Tourist Information Centre (UM)

ul. Rwańska 16, 26-600 Radom
phone +48 48 362 05 36
cit@umradom.pl
www.radom.pl

Tourist Information Point

ul. Warszawska 142, 09-540 Sanniki
phone +48 24 268 11 08
sekretariat@ecasanniki.pl
www.ecasanniki.pl

Tourist Information Centre

ul. Pułaskiego 7, 08-110 Siedlce
phone +48 535 068 593
itsiedlce@gmail.com
www.pttksiedlce.pl

Tourist Information Point

ul. Biskupa Ignacego Świrskiego 31, 08-110 Siedlce
phone +48 25 794 31 70
biuro@ckis.siedlce.pl
www.ckis.siedlce.pl

Tourist Information Point

ul. Rynek Wielki 5a, 26-500 Szydłowiec
phone +48 48 326 20 54
info.turystyczna@sckzamek.pl
www.szydlowiec.pl

Tourist Information Point

ul. Rynek Mariacki 11, 07-100 Węgrów
phone + 48 25 792 24 74
pit@wegrow.com.pl
mbp.wegrow@gmail.com
www.wegrow.com.pl

Tourist Information Point

ul. Konary 8, 26-432 Wieniawa
phone +48 48 312 11 15
phone +48 884 492 497
recepca@palacdomaniowski.pl
www.placdomaniowski.pl

Tourist Information Point

Aleja Róż 2, 07-200 Wyszaków
phone +48 507 808 867, +48 29 743 77 13
turystyka@wyszkow.pl
www.turystyka.wyszkow.pl

Tourist Information Centre

ul. 1 Maja 45, 96-300 Żyrardów
phone +48 46 854 24 24
cit@zyrardow.pl
www.resursa.zyrardow.pl

TOURIST CARDS

When you are in Warsaw, it is worth using the Warsaw Pass card, which you can purchase in Warsaw Tourist Information Points and at the following website: www.warsawtour.pl/warsaw-pass-o-karcie/. It is available in three variant forms: for 24 hrs, 48 hrs and 72 hrs, and it entitles you to visit the most important attractions in Warsaw free of charge and to many discounts.

EMERGENCY PHONE +48 NUMBERS

112 - General emergency
997 - Police
998 - Fire Service
999 - Emergency Medical Services
986 - City Guard
19 115 - Warsaw City Contact Centre

MOBILE APPS

- **Play Mazovia:** tourist guidebook to Masovia and game in one
- **Szlaki turystyczne Mazowsza:** app connected with the rich network of tourist trails
- **WarsawTour:** app for people sightseeing in Warsaw
- **Chopin in Warsaw:** app that gives you the possibility to get to know Chopin's Warsaw with audioguide
- **Dziedzictwo Mazowsza:** app thanks to which you can comfortably travel along the Masovian trails: The Trail of the Dukes of Masovia, The Trail of the Warsaw Battle and The Chopin Trail

TRANSPORT

By plane

There are two operating airports in the Masovian Voivodeship: Warsaw Chopin Airport in Warsaw (www.lotnisko-chopina.pl) and Warsaw Modlin Airport in Nowy Dwór Mazowiecki (www.modlinairport.pl).

By train

A comfortable, safe and quick way to visit Masovia is to travel by Koleje Mazowieckie (www.mazowieckie.com.pl). They guarantee a rich network of intraregional connections. In turn, you can reach the locations in the closest vicinity of Warsaw, using Szybka Kolej Miejska (SKM) (www.skm.warszawa.pl) and Warsaw Commuter Railway (WKD) (www.wkd.com.pl).

By bus, underground and train

In Warsaw and bigger towns in Masovia tourists have extended systems of public transport at their disposal (Ostrołęka www.mzk.ostroleka.pl, Płock www.kmplock.eu, Radom www.mpk.radom.pl, Siedlce www.mpk.siedlce.pl, Warsaw www.wtp.waw.pl).

When you are planning your trip, it is worth using the Jakdojade app (available for Warsaw and Radom). It also allows you to purchase tickets.

By bike

Many Masovian towns have systems of town bikes, among others Ostrołęka (Ostrołęka Town Bike www.ostro.bike), Płock (Płock Town Bike www.plockirowermiejski.pl), Radom (Radom Town Bike www.radomskirowermiejski.pl), Otwock (Otwock Town Bike www.otwockirower.pl) and Warsaw (Warsaw Public Bike www.veturilo.waw.pl).

INFORMACJE PRAKTYCZNE



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MAZOWIECKA REGIONALNA
ORGANIZACJA TURYSTYCZNA